LEMON GROVE REVIEW

Vol. 26, No. 50 | Lemon Grove, California | Thursday, October 24, 1974 | Phone 469-0101 | Ten Cents

The DIMMER VIEW

by Max Goodwin

Diagnostic Stations Would Cut Fuel Use and Pollution

The 55-mile an hour vehicle speed limit for reducing gasoline consumption has proven to have merit. It has not only cut back the gallonage, but has reduced highway deaths, too.

But we are not truly making a contribution to reducing the useless loss of lives and the foolish waste of fuel because those who can order such contributions appear to be fearful of political retribution.

First, the 55-mile an hour speed limit is not really enforced. Anyone driving California freeways can attest to that. Most drivers sneak up to 60 m.p.h. because they believe they won't be cited for a mere 5 miles an hour overdrive. When that feels comfortable, it's 65 m.p.h.

Not only are law-breakers rife, but they are hostile, too.

Drive toward Los Angeles. Stay at 55 miles an hour. While you are staying legal at 55 miles an hour in a slow lane, hot-rodding gasoline jocks who want to break that law are also breaking the noise-pollution law by loudly honking you over to a lane that doesn't even exist so that they can do their thing without the inconvenience of simply moving over one lane.

In California, the Highway Patrol has a pitifully small cadre of emission control officers who set up a lane here-and-there from time-to-time. Autos that contribute to pollution are warned to have the deficiency corrected.

A little different approach is used in the nation's capital. In Washington, D.C. the Department of Motor Vehicles took the idea a step farther. There, they conduct a "diagnostic lane" at one of its automobile inspection stations. It is not compulsory.

The operational cost is underwritten by the U.S. Department of Transportation. The "lane" gives vehicles licensed in the District of Columbia a full report on the overall condition of their vehicles without charge.

In Washington, the diagnostic inspection is a computer-based operation which takes about an hour for 150 different inspections.

Among the items tested are brake drums and linings, bearings, oil pressure, brake fluid, master cylinder, wires, ball joints, battery and exhaust emissions.

If such inspections were compulsory across the country, there would not only be a conservation of fuel and reduction in pollutants, but tires, autos and parts would last longer because a well-tuned car runs far more efficiently than those needing adjustment.

Most drivers would like to know when it's time for a tune-up, or new plugs, or piston rings. It is no secret that the motoring public does not have complete faith in repair firms. Most auto service people will charge what the traffic will bear, regardless of their protestations to the contrary. Many of these people will provide motorists with more service than they need. Practically all of them are so expensive that the motorist, caught in a wedge of high monthly payments, high fuel costs and high tire replacement costs, are hesitant to go into a repair station. Car owners probably use the same philosophy as did the man who explained why he wouldn't go to his doctor for a physical checkup. "He might find more things wrong with me than I can afford," he explains.

There is strong evidence of the popularity of Washington diagnostic lane. After little more than a week the demand was so strong that an appointment schedule had to be introduced.

There is an additional demand created by many faulty vehicles having to be returned to the manufacturers in the interest of safety.

The California Highway Patrol should close its inspection lanes and retool for compulsory diagnostic stations operating on two shifts: 6 a.m.-2 p.m. and 2 p.m.-10 p.m. with appointments available for those who can show their endeavors are such that it would cause great and grave inconvenience to their professional duties to have to wait in line.

If such lanes are instituted, the auto owner for the first time, could go shopping for only repairs or adjustments that he now knows he needs.

Honest repairmen would support the diagnostic station idea.

Many sincere drivers, concerned about the safety of their family as well as other drivers, are so frustrated about the situation that they tell the repairman to "do whatever has to be done to make it safe."

In some instances it's like putting the fox in the henhouse.

Teens Dance To 'Steam'

The regular fourth-Friday dance for teen-agers at the Lemon Grove V.F.W. Hall is Friday at 7:30. Music will be supplied by "Steam", a dance band which won young dancers' approval last month.

Joe Nelson, V.F.W. Dance co-ordinator, said that a few tickets are available by calling 465-1992.

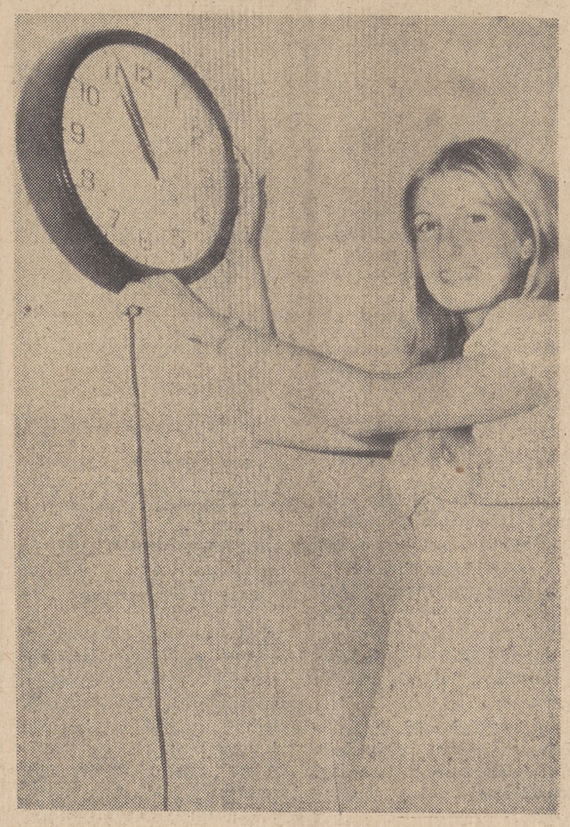
There is no charge for dancing and food and colas are also free. Admission is by ticket only.

Obscured Plate Leads to Charge

A license plate obscured by a rear bumper attracted sheriff's deputies to the auto driven by Brian Victor Vandenberg, 21, of 8229 Golden ave., Lemon Grove about 7:30 p.m. Sunday of last week.

Officers said that the strong odor of burnt marijuana came from the car when they interrogated the driver. Inspection allegedly turned up seven marijuana cigarettes, a pipe and a cigarette roller, officers reported.

Vandenberg's case is scheduled in El Cajon Municipal Court.



TIME FOR A CHANGE — Carol Klee, Miss Lemon Grove, reminds us to turn our clocks back one hour before retiring Saturday night. The extra hour's sleep marks the end of this year's daylight savings time.

Brookside Flood Area To Get Public Hearing

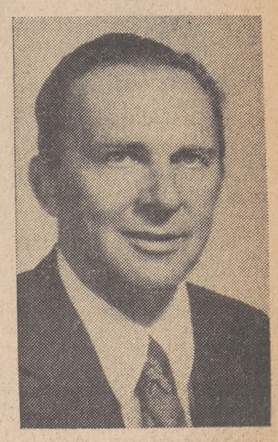
The Spring Valley Creek Flood Plain will be discussed Thursday, November 14 at 9:30 a.m. in room 358 of the County Administration Center, 1600 Pacific Coast Highway.

Under consideration will be the matter of six Flood Plains in San Diego, one of which is the controversial one in Brookside. The Supervisors will consider amending the Zoning Ordinance of the six areas likely to be inundated by what is known as a 100 year frequency flood.

The Spring Valley Flood Plain is from the Sweetwater River Flood Plain upstream to approximately Edgewood dr., State Route 94 and 6/10th of a mile north of Trophy drive on Fairway drive.

At the hearing any interested person may appear and be heard.

Dave Lassaline or Stan Colter of the County Planning Department can give precise answers at 236-2175.



Kenneth J. Conrad

Death Claims Kenneth Conrad

Funeral services will be Friday at Glen Abbey Memorial Park at 12:30 in the Little Chapel of the Roses for Kenneth J. Conrad, 58, of 7387 Broadway, Lemon Grove, who died Monday at Grossmont hospital.

He had been ill for nearly a year.

He came to the San Diego area 40 years ago as a native of S. Sioux City, Nebraska and served in the Navy during WWII.

He was a past president of the Lemon Grove Kiwanis club; a past Lt. Governor of Kiwanis Internal Dist. 11; a member of the Lemon Grove Chamber of Commerce and of the S. D. County Funeral Directors Assn.

He was a member of the Order of the Golden Rule; the National Funeral Directors Assn.; Lemon Grove Masonic Lodge no. 736, F&AM; Scottish Rite Bodies, and Elks Lodge no. 1812, El Cajon.

He was president of the Conrad Lemon Grove Mortuary, Inc., a firm that he and his family opened and operated since 1954.

He is survived by his wife, Marian; a son, Gary K.; a sister, Mabel Carlton; a brother, Harold and three grandchildren.

The family suggests memorials be given to his grandchildrens' school—Christ Luthern School, c/o Christ Lutheran Church Memorial Fund, 7929 La Mesa blvd., La Mesa, CA 92041.

Kiwanis Apple Day Sales Top Thousand Cases

The Lemon Grove Kiwanis club sold 1,100 cases of apples for their annual Apple Day project which ended Wednesday, according to Louis Poluzzi, Kiwanis Apple Sales Chairman.

"We'll net between $2,500 and $3,000 for Kiwanis Community Youth Projects," Poluzzi reported.

"Annually we sell 1,000 cases except in one year we had to order more because they went so fast. Since then it levelled off at 1,000. The last couple of years we've disposed of 1,100," he said.

Short Sleep Costly

Alfred R. Buchanan and his wife, who live at 10310 Loma Rancho dr., Spring Valley, got home about 4 a.m. last Wednesday. He was awakened by his alarm clock at 5:45 a.m. During the short sleep period a burglar entered the house and took $235 in currency and a Legrande stainless steel wrist watch. Sheriff's deputies said evidence showed that the burglar had used matches to find his way to the loot.

In 5 Weeks— 4,000 Strays

San Diego County's three animal shelters have been busy, lately. Over 4,000 wagging tails were counted at the shelters within the last five weeks, reports the County Administration Center.

The Central Shelter on Azusa st. reportedly receives over 500 telephone requests for service a day, five days a week.

Approximately $1 million is spent annually for animal care and supportive services. The program is financed by the sale of licenses and is not tax supported.

During the five weeks only 800 of the 4,000 animals impounded were reclaimed, meaning that over 3,000 animals were destroyed for lack of masters.

The County shelters urge all pet owners to license their animals for their protection. All owners of licensed pets are notified by phone or mail of their animal's predicament, the Center indicated.

Squabble on Paramedic Issue

Do Lemon Grove residents want a paramedic program?

A group calling itself the "Lemon Grove Advisory Committee" says it does.

Lemon Grove Fire District board of directors says it doesn't.

But in any event, Lemon Grove residents should be informed and have a chance to vote on the issue which would cost 10 cents for each $100 of assessed valuation, both of the groups agree.

The L.G. Advisory Committee is a self-formed group of five headed by Fred Anderson of 1832 Englewood dr. Anderson was once charged with illegally building his carport too close to his property line. He fought the charge and lost. "But it cost the City over $20,000 to win it," Anderson said.

Serving with him are his wife, Angella, who is secretary; Dr. Peter Shea, a dentist with offices at 3275 Olive st., Lemon Grove; Edgar Carr, 7458 Tweed; Lois Heiserman, 1601 Cameron, Lemon Grove and Darla Carlson, former newspaper writer who lives in San Diego.

Members were self-appointed but registered with the County as a lobby group, Anderson said.

Anderson said "the program is badly needed in spite of the opposition to the proposal by the Lemon Grove Fire Protection District."

Covers 137 Square Miles

The program would provide high intensity ambulance/medical care to an area in the east county that covers 137 square miles. The cost, according to the county Emergency Medical Office, would be about $2 a person a year.

The L.G. Fire District asked that it be "excluded" from the program in a letter to the Local Agency Formation Committee.

Jim Dorman, secretary of the Fire District's board of directors, wrote that the program would be "very expensive and of doubtful value."

L.G. Fire Chief Fred Dixon said the cost to Lemon Grove property owners would be $50,000 a year and that in five years there had been an average of seven calls a year from people serious enough to warrant paramedic equipment. "That's more than $7,000 a trip," he noted.

He also said that the Fire Department would continue its first aid service regardless of the paramedic program.

Local Service

"It appears from those people with whom we've had first aid contact over the years that they are satisfied with the private ambulance service locally. There is one ambulance firm in Lemon Grove and another just over the hill on University ave," he said. Additionally, there would be a minimum charge of $35 a run for the paramedic ambulance, he added. The paramedic station for Lemon Grove would be in Spring Valley, it was said.

Chief Dixon said that he had no quarrel with the program but it couldn't be put on the tax rolls as part of the Fire District tax. "We are at .832 cents now and the legal limit is .834 cents, 10 cents would have us in trouble," he said.

Anderson said that the paramedic service would be a boon to elderly folk. He said that an elderly man got too hot working in his yard recently and collapsed. "He was dead when they got him to the hospital," he said.

"We think people should have an opportunity to vote on the issue," Anderson said, and we intend to appear before LAFCO and request that Lemon Grove be included."

The L.G. Fire District said, "The creation of a new taxing district at this time, no matter how noble or humanitarian the purpose may be, seems entirely inappropriate as it would only increase the load on the already overburdened taxpayer."

Chief Dixon said he favored a vote on it. "If taxpayers want it, they should have it.

"An election is an expensive affair. We should be certain that the public is suficiently interested to warrant this expense."

The area-wide tax would provide $600,000 a year and the funds would be used to train and equip five paramedic units.

Dental Firm's Receipts Lost

Geraldine Gladys Edwards, an office manager for an advertising dental firm told sheriff's deputies that on October 10, someone had entered her home while she was showering and removed $2,355.93—four days receipts of the firm she works for. She lives at 2898 Highland in Spring Valley.

Only $750 of the total was in cash however. The rest was checks and charge card receipts. A package of cigarettes and some clothing were also taken and the items of clothing were found near her home.

The loss is insured, she says.

S.V. Fire Dept. to Repay Debt

By John Kowalczyk

Arrangements for the payment of approximately $60,000 in back charges were finalized last week between the Spring Valley Fire Department and the Otay Water District, ending a controversy spanning nearly five years. The Fire Department, it was decided in a local Superior Court a few months ago, was obliged by legal precedent to pay the water district for supplying fire plugs and fire flow capacity services.

When Otay first levied the charge against the department, fire officials refused to pay on the grounds that it was the water district's responsibility to provide the hydrants for the safety of the residents in its jurisdiction. Otay began charging the Spring Valley department in 1969 to be consistent with their policy of charging other communities in the district for the same facilities.

The most recently contested problems concerned the accuracy of the billed amount that had accumulated through the present fiscal year. The $60,000 figure was justified by Otay's explanation that 36 new hydrants were added to the Spring Valley district this fiscal year and by the correction of a typographical error which itemized an incorrect allowance to the fire department for their own maintenance and repairs of the hydrants.

"Both parties agreed on a ten-year repayment schedule without interest charges," said Otay spokesman Alex Struthers.

Spring Valley Fire Chief G. Frank Berger said that there is a strong possibility that the charges will necessitate a local tax increase.

Otay district supplies about one-fourth of the fire hydrants in Spring Valley. The remainder are provided by Helix Water District.

At present, no fee is charged to the fire department by Helix.

Fund-Raiser Friday For Casa de Oro

The annual fund-raising Halloween dinner dance of the Casa de Oro Business Association is held Friday evening at the Ox Bow Inn. The $10 prime rib dinner is served at 7 p.m. Tickets are available at the Ox Bow, 9816 Campo rd., or at Hodge Insurance, 9772 Campo rd.

Mattress Fire Burns Resident

Lemon Grove firemen responded to a call Tuesday at 4:25 a.m. when a mattress at the home of A. R. Harper, 8315 Palm st., Lemon Grove, broke into flame.

Firemen said the probable cause was a cigarette which created the smoke that awakened Harper.

When he dragged the mattress into another room the smoke became a blaze and burned his hand.

Estimated loss is $700 smoke damage and the cost of replacing the mattress.

4 Local Physicians Named AAFP Fellows

A quartet of Lemon Grove medical doctors joined three others in becoming members of the charter group to earn Fellow's Degrees in the American Academy of Family Physicians.

Those upon whom the degree was conferred last week in Los Angeles were Drs. George Brassington and Kenneth I. Downs, of 7944 Golden ave. and Drs. Frank Haddox and Edwin C. Grubbs, of the Lemon Grove Medical Group at 3240 Main st.

They join Drs.. Thomas Early, Sam Smith and Si Brumbaugh, Jr. upon whom the degrees were conferred earlier.

The charter group consists of those physicians who have completed 150 hours of continuing education every three years in the whole patient as opposed to specialists.

This year the Annual Scientific Assembly was held in Los Angeles with more than 4,000 doctors participating.

Local physicians chose from clinical seminars on 40 different topics. There were 110 scientific and 280 technical exhibits at the seminar.

Topics this year included hypertension diagnosis and management, management of pain, synovectomy in rheumatoid arthritis, and the minimal brain-damaged child.

Truck Loses Two Wheels

Carl Miller left his 1973 Ford truck parked in the lot behind the business section in Lemon Grove at 7949 Broadway on Tuesday last week.

The next morning his truck was there but the rear wheels complete with two nearly new tires were missing. The thief had put a couple of concrete blocks under the rear axle to hold up the truck while he was removing the loot.

Loud Party, Marijuana Brings Charges to 11

Responding to a "loud party complaint at 8758 Lamar st. in Spring Valley, sheriff's deputies on Monday, last week, arrested eleven persons ranging in ages from 16 to 25 on marijuana related charges.

Officers said there was noise coming from the place, but also the odor of marijuana smoke. Further investigation turned up 21 grams of marijuana; three pipes—one with an oxygen face mask; a baggie of marijuana seeds and four roaches, officers allege.

Most of the party-goers were charged with visiting a place where marijuana was used. These included Michael Gene Palmer, 24; John Patric Campbell, 25; Thomas Gorney, 21; a 16-year old girl; Shelly Anne Stevenson, 18; two 17-year old girls; and Ronald Ray White, 25. All of them gave the Lamar street address as their place of residence, except one of the 17-year old girls, and Ronald White, who said they lived in San Diego.

Charged with possession of marijuana were David Brian Petitti, 20, Thomas Robert Fago. They, too, gave the Lamar street address as their place of residence.

They were arraigned in El Cajon Municipal Court.

Board Okays Student-Teacher Program, Pool-A-Thon Publicity

The Lemon Grove School Board at a brief meeting Tuesday approved the annual contract with San Diego State University which provides remuneration to district teachers who supervise student teachers from the university. The contract for 215 semester units okays $1,075 for that purpose.

In other board action, the current school body constitutions were approved.

Also, nod was given to publicize the Miguel Community Aquatic Center November 2 Pool-A-Thon in the district schools through the high school P.A. systems and a letter to parents.

CONGRESSIONAL AID — Kenny and Betty Wong won the support of U.S. Congressman Lionel Van Deerlin when Kenny's immigration paperwork went awry last year. After months of checking out and follow-through by Van Deerlin and his staff, Wong got his visa. He has been chef at Sam's Far East restaurant in Lemon Grove for the past 9 years. Monday night an 11-course dinner celebrating Kenny's visa at the restaurant was highlighted by the attendance of the congressman himself. Van Deerlin got a certificate, in Chinese, promising him 500 votes in the November election from the Chinese community.

BAZAAR WORKERS — Ladies of St. John of the Cross Parish are hard at work on holiday gifts and ornaments which will go on sale at the church's bazaar, November 9 and 10. Standing L-R are Mrs. Mildred Latulippe, Mrs. Rosabel DeCarli, and Mrs. Joe Hicks. L-R seated are Miss Caroline Greco, Mrs. Mary Wehner, and Mrs. Laura Flattery.

Many Work to Prepare for St. John of the Cross Festival

St. John of the Cross Catholic Church will hold its 2nd Annual Fall Festival on Nov. 9 and 10 under the direction of Peter Corrao and John Stenbeck. In it, various organizations among the two thousand parishioners will put together a large bazaar and family fair.

The Women's Club will sponsor the bazaar, and the Italian Catholic Federation, the Parent-Teacher Guild, and the Catholic Youth Organization will operate booths which include games, food and refreshments.

Proceeds will go toward the construction of St. John's Parish Social Center which is scheduled to be built across from the church on Washington.

S.T.

Red Carpet Meeting

Approximately 250 San Diego county Red Carpet Realtors personnel considered topics ranging from second trust deeds to income and investments at a round-table discussion held recently at the Scottish Rite Temple.

One publisher of children's books believes in the informed consumer, and gears a special annual report to the 11-year-old. Economic terms are defined in a glossary, and the kids learn "depreciation is the decrease in value from wear and tear—if you have a bicycle, it depreciates."

Holiday Bazaar at United Methodist

The Women of United Methodist Church, 3205 Washington st., Lemon Grove, hold their Annual Holiday Dinner and Bazaar in the Don Cooke Fellowship Hall, Wednesday, November 6, 5 p.m. Donations: adults, $2.25; youths 10-16 years, $1.75; children 75 cents.

The bazaar is held Wednesday, 2-7 p.m. and Thursday, November 7, 10 a.m.-2 p.m. Many handcrafted articles will go on sale including quilts, toys, dolls and ceramics. Pastry and plants will also be sold.

Call 466-8065 for tickets before October 31.

Military Widows Meet

The monthly meeting of the Society of Military Widows is held at 10 a.m. Saturday, November 2, at the Commissioned Officers' Mess, U. S. Naval Station, San Diego.

"Grace Notes Singing Group" feature a repertoire of their best liked songs following a "get acquainted" coffee period.

Information about the organization is available by writing to Society of Military Widows, P. O. Box 254, Coronado, Ca. 92118.

PLAY LADIES — Clad in attire common to the 1890's are a group of Lemon Grove Church of Christ women who last week presented a play depicting a Ladies Aid meeting of that era. L-R are Marie Herder, Dorothy Murphy, Genevieve Whiting, Dorothy Denlinger, Elizabeth McFeeley, Ruth Holmes, Luana Klabunde, and Wanda Bullock.

AREA BIRTHS

Here is a list of recent births recorded at Grossmont Hospital:

October 5

Mr. and Mrs. Roy A. Rann, Spring Valley, a boy, Patrick Andrew.

October 6

Mr. and Mrs. Robert Nunez, Lemon Grove, a boy, Robert Michael.

Mr. and Mrs. John F. Hein, Spring Valley, a girl, Sonnet Melicity.

October 9

Mr. and Mrs. Michael P. Watkins, Spring Valley, a girl, Tanya Lynn.

Mr. and Mrs. Jay T. Holder, Spring Valley, a boy, Jason Thomas.

October 10

Mr. and Mrs. James J. Dobbin, Spring Valley, a girl, Olivia Lee.

Mr. and Mrs. Randy L. Kimble, Spring Valley, a girl, Monet Anne.

Mr. and Mrs. Warren B. Purcell, Spring Valley, a girl, Victoria Lyn.

Mr. and Mrs. Conrado Villa, Lemon Grove, a girl, Maria Guadalupe.

October 11

Mr. and Mrs. Robert M. Alvarado, Spring Valley, a boy, Manuel Florentino.

Mr. and Mrs. David P. Jobe, Lemon Grove, a girl, Jeannie Louise.

October 12

Mr. and Mrs. Michael F. Tousley, Lemon Grove, a boy, Michael David.

Church Plans Anniversary Celebration

Current and former members of Lemon Grove Lutheran Church will celebrate the church's 25th anniversary Nov. 1, 2 and 3, according to Rev. Herbert Johnson, pastor.

Former pastors will participate in the weekend celebration beginning with a reception Friday evening, a banquet at the Masonic Temple Saturday, and two services of celebration Sunday morning.

Tickets at $4 each can be purchased for the Saturday evening banquet at the church, 2055 Skyline, Lemon Grove, 9 a.m.-noon any day except Saturday.

"Members are urged to reserve these three dates on their calendars," Rev. Johnson said. "We are hoping to make this a truly joyous occasion."

Rummage Sale Helps Revamp Church Buses

If you see three refinished school buses with 170 children in Spring Valley on Sunday mornings, you will have seen four months worth of work and prayer.

It is all part of Trinity Hill Assembly of God's Bus ministry. The three buses provide area children transportation to Sunday School at the church at Sweetwater and Paradise Valley rds.

A rummage sale developed $300 for repairing and painting of the buses.

Another rummage sale is planned during the coming months.

S.T.

'Disciples,' Guitarist At Skyline Wesleyan

Andrae Crouch and the Disciples, said to be the best example of gospel in modern music, will appear Friday in Golden Hall at 7:30 p.m.

The concert is sponsored by Skyline Wesleyan's Collegian youth group. Dave Crockett and the 200 college-age people are sponsoring the Disciples' visit to San Diego. Advance $4.50 tickets are available at the church office and at local Bible book stores.

Appearing with the Disciples will be Skyline's own George Fish, jazz-guitarist. Proceeds go to a college ministry at San Diego State.

S.T.

Church's 'Lifehouse' Hosts After-Game Refreshments, Music

The "Lifehouse" is open—open every Friday night from 10-12 p.m. for young people returning from high school football games. Terry Walling, High School Director for Skyline Wesleyan at 1345 Skyline called last Friday's Grand Opening "successful".

200 teenagers showed up at the coffee house. The $1 charge to Skyline Wesleyan's fellowship center included pizza and Coke. Agajanian, guitarist, provided entertainment.

Walling presented a "football scoreboard"; gave county-wide scores on football scoreboard.

This week's Lifehouse will be held at the same time.

Rock music by "Mustard Seed Faith", and pizza and Coke will be served.

S.T.

Pharmacy Volunteers Wanted by Red Cross

Volunteers are needed by the American Red Cross for a new program working in the pharmacy at the United States Public Health Service Department. Anyone interested who can type, file, or give general assistance, should contact the Office of Volunteers, American Red Cross, San Diego Chapter, 291-2620.

WINNING POSTER — 13 year old LuAnn Gores, eighth grader at Santa Sophia Academy, Spring Valley, displays her carnival poster judge best in the school. Pupils from kindergarten up participated in the contest which annually supplies advertising material for the church's Halloween Carnival, this year held Saturday, 5:30-8:30 p.m. Scheduled attractions include a dinner, booths, cake walk, Dutch auction and a raffle.

Service Notes

Airman Robert L. McCleary

Airman Robert L. McCleary, son of Mrs. Lilian G. DeTate of 2019 Rairhaven st., Lemon Grove, has been assigned to Chanute AFB, Ill., after completing Air Force basic training.

During his six weeks at the Air Training Command's Lackland AFB, Tex., he studied the Air Force mission, organization and customs and received special instruction in human relations.

The airman has been assigned to the Technical Training Center at Chanute for specialized training as a fire protection specialist.

Airman McCleary is a 1974 graduate of Mount Miguel High School, Spring Valley. His father, Bobbie L. McCleary, lives at 3513 Helix st., Spring Valley.

Marine Sgt. Samuelu N. Otineru

Marine Sgt. Samuelu N. Otinero, son of Mr. Nusi M. Otineru of 8838 Innsdale ave., Spring Valley, was awarded a Letter of Commendation at the Marine Corps Base, Camp Pendleton.

A former student of Lincoln High School, San Diego, he joined the Marine Corps in September 1960.

Seaman David F. Adams

Navy Seaman David F. Adams, son of Mr. and Mrs. Gordon E. Adams, 281 Paden dr., Spring Valley, received the highest recruit award when he graduated from boot camp in San Diego last Friday.

Adams, 18, will receive the American Spirit Honor Award during the Naval Training Center's Recruit Brigade Review, which starts at 2 p.m. on the training center's Preble Field parade grounds.

A 1973 graduate of Mt. Miguel High Schol, Adams will attend the Navy's Communications Technician School at the Great Lakes, Ill., Naval Training Center.

Staff Sgt. Paula L. Brady

Staff Sergeant Paula L. Brady, daughter of Mr. and Mrs. Wayne Bergevin, 1958 Avon ln., Spring Valley, has graduated with honor from the Tactical Airlift Command's Noncommissioned Officer Leadership School at Luke AFB, Ariz.

Sergeant Brady received the Drill Master Award for her military excellence.

The sergeant, who was trained in military management and supervision, is an inventory management specialist at Luke.

A 1965 graduate of Mt. Miguel High School, the sergeant attended San Diego State College.

Airman Lorraine E. Penix, daughter of Mr. and Mrs. Edmond G. Penix of 3010 Sweetwater rd., Lemon Grove, has been assigned to Sheppard AFB, Tex., after completing Air Force basic training.

During her six weeks at the Air Training Command's Lackland AFFB, Tex., she studied the Air Force mission, organization and customs and received special instructions in human relations.

Airman Lorraine E. Penix

The airman has been assigned to the Technical Training Center at Sheppard for specialized training in the civil engineering mechanical and electrical field.

Airman Penix is a 1972 graduate of Grossmont Continuation High School, Santee.

Area Obituaries

Leon Sylvester

Services were held last Thursday for Leon A. Sylvester, 92, of 7872 North ave., Lemon Grove, who died October 14.

Sylvester was a retired building contractor.

Surviving are his widow, Margaret; a son, six daughters, a brother, a sister, 14 grandchildren, 28 great grandchildren, and two great-great-grandchildren.

Ellen L. Putnam

Funeral services were held for Ellen Lillian Putnam, 73, of 3055 Crane st., Lemon Grove who died Friday in a convalescent home.

Mrs. Putnam, and her husband who died in 1950, came to the San Diego area in 1932 and bought one of San Diego's homes, a two story rambling house at First and Robinson st. That house was sold to the Percy Goodwin organization in 1945 to help aleviate a housing shortage here. It was made into apartments.

Her husband, Ira Dwight Putnam was a stock market investor. When the San Diego home was sold the couple moved to their ranch home "out in the country" at La Mesa blvd. and El Cajon blvd. where St. Martin's Catholic Church now stands.

Mrs. Putnam was very active in religious circles and donated large sums to churches. She was a large contributor to the Warner Memorial Evangelical Church on Campo rd. in Spring Valley which later merged with the United Methodist church group.

Funeral services were held at the La Mesa Baptist church in La Mesa followed by interment at Forest Lawn in Pasadena.

Survivors include Rear Admiral (Res.-Ret.) Dwight Putnam of the Crane st. address; a daughter in Lakeside; a son in Los Angeles; 9 grandchildren and four great-grandchildren.

John L. Recklau

Services were held Monday for John L. Recklau, 51, of 3121 Helix st., Spring Valley, at the Chapel of the Roses, Bonita.

Recklau, a 30-year resident of the county, died in a hospital Friday. He was a service writer for Colonial Prod Co., National City, for 17 years, and a Navy veteran of World War II.

He is survived by a son, two daughters, his mother and one brother.

The family suggests contributions to the Cancer Society.

Adventists' Budget Is $78.6 Million

LOMA LINDA, CALIF. — Seventh-day Adventists approved a budget of $76.8 million for 1975 — the largest in the denomination's history.

Last year the budget approved for 1974 was $65.7 million, or 16.9 percent less than the amount voted for 1975.

Of this amount $41,445,000 is earmarked for overseas work of the church. In addition nearly half a million has been set aside for use in opening new work overseas in fields not yet entered by the church or for new programs or institutions which will advance their cause in areas already entered.

'Dona Perfecta' at L.G. Library

The Lemon Grove Library will present another Spanish Language film, "Dona Perfecta," Saturday at 7:30 p.m. The classic film stars Dolores Del Rio, Esther Fernandez and Carlos Navano. Set in a small town in Mexico, it shows the conflicts between a powerful woman who runs the town and her college educated nephew with new and radical ideas.

The library is located at 7735 Pacific ave., phone number 463-9819.

Sunday SERVICES

Ephesians 6:13
"Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand."

FIRST BAPTIST CHURCH OF LEMON GROVE
(Affiliated with the Southern Baptist Convention)
2910 Main Street **P.O. Box 236**
Robert Kleinschmidt, Pastor **Phone 460-4811, 465-9794**

Sunday Bible School 9:30 and 10:50 a.m.
Morning Worship Services 9:30 and 10:50 a.m.
Sunday Training Hour 6:00 p.m.
Evening Worship Service 7:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.
Nursery and toddler care at all services.

LEMON GROVE LUTHERAN CHURCH
2055 Skyline Drive (at Alton Drive)
Rev Herbert Johnson, Pastor **465-7301**
Worship Services. 8:15 A.M. and 10:30 A.M.
Sunday School: 9:30 A.M.
Nursery provided.

THE UNITED METHODIST CHURCH OF LEMON GROVE
3205 Washington Street **466-8065**
M-F Weekday Pre-School for 3-5 Year Olds
9:00 A.M. Chuch School 10:30 A..M. Worship Service

ST. JOHN OF THE CROSS CHURCH
8086 Broadway **Rectory 466-3914**
Lemon Grove, California 92045
Nursery Attendant provided.
Masses. For Mass schedule telephone church Rectory.

THE CHRISTIAN CHURCH **465-1888**
6970 San Miguel Ave., Lemon Grove
Michael D. Maxson, Minister
Cynthia Ratekin, Pre-School Director
Sunday School, 9:30—Worship 11 A.M.—Vesper Hour, 6 P.M.

ST. PHILIP'S EPISCOPAL CHURCH
Palm at Hardy Drive, Lemon Grove
Rev. Kenneth R. Johnson, Rector **466-8055**
SERVICES. Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.

FIRST CHURCH OF CHRIST SCIENTIST
7741 Pacific Ave., Lemon Grove
Sunday School 9:30 a.m.
Services: Sun. 11 a.m., Wed. 7:30 p.m.
Reading Rm. Hrs.: Tues., Thurs., 1-4 p.m.
ALL ARE WELCOME

SKYLINE WESLEYAN CHURCH
1345 Skyline Drive, Lemon Grove
Skyline Drive at Jamacha Road
Rev. Orval C. Butcher, Pastor **Phone 460-5000**

Worship Service	9:30 and 11:00 A.M.
Sunday School	8:15, 9:30 and 11:00 A.M.
Children's Church	9:30 A.M.
Sunday Evening Expression	6:30 P.M.
Wednesday Evening Bible Invo vement	7:00 to 8:30 P.M.

Announcing the Opening
NEW PRESCHOOL
You may enroll your child for two or three mornings a week. For more information, contact Cindy Ratekin, director, 465-1888.
THE CHRISTIAN CHURCH OF LEMON GROVE

CONRAD
Lemon Grove Mortuary
7387 BROADWAY 460-4601
MEMBER, THE ORDER OF THE GOLDEN RULE
Independently Owned and Operated by the Conrad Family

CLUB WOMAN'S CALENDAR

Water Spokesman To Address L.G. Women's Club Fri.

Lemon Grove Women's Club meets Friday. Bob Minor from Helix Water District speaks on "Water Conservation and the Upcoming Bond Issue."

Mrs. Walter Shimp calls the meeting to order at 1:30 p.m. in the Clubhouse, 2810 Main st., Lemon Grove.

A Social Hour follows hosted by Mrs. L. F. Vlach, assisted by Mrs. James Matthews.

Booths, Spaghetti Highlight Vista La Mesa Festival

Vista La Mesa Elementary School PTA presents its annual Fall Festival Saturday, 5-8 p.m., says Mrs. Robert Groetzinger, Festival co-chairman.

The Festival is in the upper playground at the school, located at 7101 Pearson st., La Mesa. It features such popular booths at the Pitch-a-Dish, Car Smash, and Cake Walk; as well as a Spook House, Squirt-Burst, and Target Shooting.

Spaghetti dinners will be sold in the school cafeteria at $1.25 per adult-sized portion, and seventy-five cents for a child's plate.

'Little Miss Calif.' Applications Taken

Applications are now being taken for the Little Miss California Talent Contest held in Santa Barbara in January.

Young ladies at least five years old by January 1, but not more than 12 years old by May 1 who are state residents are eligible to compete.

Judging is based on talent and artistic ability—75% and on poise, personality, and appearance—25% in any of the following categories; dancing, baton, vocal, instrumental, and variety talent.

Obtain application forms by sending a self-addressed, stamped envelope to Official Certification and Public Relations Office, P.O. Box 406, Rockton, Illinois 61072.

Designate that you want the Little Miss California Talent Contest application.

Women's Counseling Services Available

The counseling component of the Center for Women's Studies and Services (CWSS) is offering Feminist Counseling; a unique and innovative service for and by women. Services include one-to-one as well as counseling in groups. Those concerned by difficulties resulting from rape, family situations, divorce, separation or marriage, drugs, unemployment, relationships, age, pregnancy, may use this free service.

For appointment or answers to specific questions, call 233-8985 or 233-8984.

Rev. Ramsey Replaces Ginn at Pulpit

Diabetes and related physical disorders are reasons Rev. Lewis E. Ginn resigned the pulpit after 17 years of pastoral service.

While the members of Bancroft Baptist looked for a replacement, Rev. James Ramsey served as interim pastor for 9 months.

Rev. Ramsey is now full-time minister for the congregation.

He has a Masters Degree in Divinity and Clinical Psychology and is leading the church in a two-year program of Scripture- and soul-searching.

Concentrating on 10 chapters of the Bible a week, the church will work its way through the "book of books". Sunday night study, and Wednesday evening Koinonia celebrations are scheduled.

Mr. Ramsey is an Assembly of God minister, reordained as a Southern Baptist.

His wife Debbie is the new church organist. S.T.

Las Donas Club To Meet Tuesday

The Las Donas Past President's Club holds their next meeting Tuesday at the Depot Restaurant in National City.

Business meeting starts at 9:30 a.m. with luncheon following at 12:30 p.m. in the Vault Room.

Billy Berry, of the La Mesa Travel Agency, presents a slide program on the "Beautiful World of Pictures."

Reservations are being taken by Mrs. Carl Siskind, 466-4620.

Monterey Heights Elem. Holds Annual Festival Saturday

"Our Family" is the theme for the Autumn Festival held by Monterey Heights Elementary School Saturday, noon to 6 p.m. on the school grounds.

According to Mrs. Cathy Yeager, festival chairman, this year's festival will have many new attractions in addition to the traditional ones.

There will be the "All Deel's Train Ride," game booths, a fortune teller, and refreshments including hot dogs, hamburgers, tacos, candy apples, and cotton candy. Also this year a spaghetti dinner will be served from 11 a.m. to 3 p.m.

Carnival, Bazaar at Kempton Elementary

Kempton Elementary School PTA holds its annual Halloween Carnival Saturday, 2-6:30 p.m. A costume parade, held at 2:30 features parents and everyone else involved wearing Halloween costumes.

A food booth opens at 2:30 p.m. offering hot dogs, popcorn, snow cones, and tostados, candy apples and cotton candy for your eating pleasure. There will be a variety of games this year.

After the carnival parents are invited to visit Kempton Christmas Bazaar. Pumpkin, apple and peach pie will be served. Parents will sell gift items made during the summer.

All parents are welcome to attend.

Second Macrame Class Offered at Library

The Lemon Grove Library begins a second series of programs on macrame instruction Saturday, November 2, at 1 p.m. Interested children, seven years old and up, are asked to register in advance at the library. The class is limited to thirty children.

All materials will be provided free to each person attending the first session. On November 9 Mrs. Grettenberger, class instructor, will help the children with projects started at home during the previous week.

Helix High's 'Fling' Gets 1st Place Rank

Scoring 872 out of a possible 1,000 points, Helix High School's Highland Fling won an International First Place in the 1974 Quill and Scroll Newspaper Evaluation.

Quill and Scroll is an international honorary society for high school journalists, the purpose of which is to encourage and reward individual achievements in journalism.

Kathy McCartney, of La Mesa, was editor-in-chief of the 1973-74 Highland Fling.

The Fling was judged on its ability to inform, entertain, and influence its readers, as well as on its appearance and its achievements as a business enterprise and a citizenship laboratory.

Vampires, Monsters To Take Over Museum of Man

How would you like to attend a vampire banquet, see a furred, finned and feathered monster sitting on its nest of eggs and take a creepy trip through dim catacombs where hooded monks guard ancient bones?

The haunting will take place every evening, October 28-30, from 6 to 10 p.m., at the Museum of Man, the famous Balboa Park landmark.

The trip through the haunted museum begins in the seldom seen subterranian depths of the museum and continues through corridors and hallways, ending up in the main building. Along the way, "Be prepared to be scared by bats and witches, vultures and skeletons and scenes guaranteed to terrify and sometimes amuse," warns the museum.

The 500 members of the Klee Wyk society began making plans for converting the beautiful California Tower building into a haunted museum last winter and construction of the spooky scenes has now begun.

UNAC Nurses to Hold Open House

Grossmont Hospital Nurses' Association, affiliate of United Nurses' Association of California, has invited the nine thousand registered nurses of San Diego County to an open house membership rally Wednesday.

The all day affair in the Terrace Room, Master Host Inn, Hotel Circle, in Mission Valley is to acquaint R.N.s with the alternatives for representation, to inform them of the accomplishments by UNAC at the local level, and to apprise them of the problems they face with the current drive by labor unions to include R.N.s with non-professional groups.

The 9 a.m. to 10 p.m. program of speakers and panel discussions features labor attorneys, legislative representatives, R.N.s on negotiating teams and UNAC president, Madama Coles, R.N. Each local hospital affiliate will have a table staffed by members to answer questions.

Refreshments and door prizes are also scheduled. Student nurses and all registered nurses are urged to attend.

Halloween Films At S.V. Library

Children of the Spring Valley community may enjoy a Halloween treat at the library on Thursday, October 31, 3:30 p.m. Costumes may be worn to see the films "Trick or Treat" and "Winter of the Witch," according to County Library Coordinator Eleanor Covey.

The Spring Valley Library is located at 1043 Elkelton blvd.

Sex Bias Handbooks

Women's Organizations for Employment (WOE) announced today the publication of its new "Women's Job Rights Handbook."

The Handbook contains information for working women on their employment rights.

Included in the Handbook is data on federal and state laws covering sex discrimination in employment and how to file complaints with governmental agencies established to administer these laws.

The Handbook advises women on how to organize within their companies to combat sex discrimination. Women are also counseled on how to take their case to court, and what constitutes sex discrimination.

Area Obituaries

Harry I. Vernier

Private services were held Tuesday for Harry I. Verniar, 86, of 8214 Vernier dr., Lemon Grove. He died Saturday.

He was the former executive director of the San Diego Employers Assn. and had been a county resident for 57 years. He was a native of New York.

Survivors are his wife, Zelda and a son.

OLD AND NEW — Bea Stalnaker displays early and recent paintings as part of the 25th Anniversary Art Exhibit of the Foothills Art Association next month. The Paintings—"Woodland Scene," circa 1951 and "Aloes," circa 1969—are two of many works by past presidents of the organization on view at the Ben Polak Fine Arts Center, 8053 University ave., La Mesa, beginning November 2. Stalnaker was president 1951-52.

Is Bottled Water Better?

Why would anyone pay for something they are already getting practically free? Many Americans do just that when they buy bottled water instead of using the kitchen tap. They think they are buying water purer than the public supply, but this may not always be the case, according to the federal Consumer Products Information Center.

Bottled water is not cheap. In Washington, D.C. for example, it ranges from 59 to 75 cents per gallon. By contrast, tap water which most of us think of as "free" costs about one cent for 50 gallons.

The Food and Drug Administration has established standards to protect consumers who buy bottled water believing it to be at least equal in quality to public drinking water. The fact sheet lists the standards for bottled water, which include such requirements as:

Bottled water must meet certain bacteriological, chemical, physical and radioactive standards.

It must be bottled under strict good manufacturing regulations, that include cleanliness of processing, containers, closures, shipment, and storage.

Bottled water not meeting FDA standards can be sold if it does not constitute a hazard to health and if the label indicates the specific shortcoming such as "excessively turbid" or "contains excessive chemical substances".

Medicinal or health benefits must not be claimed.

If you buy bottled water you may be interested in a Government fact sheet called What About Bottled Water? Single copies of this 2-page reprint are available free from Consumer Information, Pueblo, Colorado 81009.

Halloween Safety Hints Given

Halloween Safety begins with a "be seen costume," says the San Diego County Optometric Society.

Darkness makes youngsters invisible to motorists but there is a way to add an edge of safety to purchased or made-at-home costumes, Dr. Robert Knauer, President of the Society, says. That edge is retro-reflective material.

Retro-reflective material is available in either iron-on or sew-on fabrics and tape, so youngsters can make up their own designs. "Just be certain they will be visible from front, back and sides," the Lemon Grove optometrist said.

The other side of Halloween safety is to see safely. A poorly-fitted mask, which can easily slip out of position, or one with small eye slits poses a potention danger because it can block a child's view of oncoming cars, objects in his path, a hole, a step or the curb.

Plants Are Popular

Despite the growth in the number of plant stores in recent years, there is still room for the small, independent plant shop, according to a new Bank of America report.

The market for greenery is expanding as more and more urban dwellers turn to plants to offset the starkness of their environments, the report states.

In 1971, indoor gardeners spent about $2 billion on blooms and greens; by 1973 total sales had jumped to $2.5 billion. Some sources, the report continues, predict Americans will spend twice this amount, $5 billion, on flowers and potted plants by 1980.

Rec. Offers Crafts Class

La Mesa Recreation Department is offering a new class in crafts designed for Christmas gifts or for yourself. The class offers creative ways to design and print gift wrapping, gift tag, tree ornaments and cards.

Block, wax, and vegetable printing will be offered as well as instruction in the making of candles, macrame, card weaving, needlepoint, raffia, ornaments, beads, and jewelry.

All supplies will be provided with the exception of a few items which can be purchased at wholesale prices.

The creative class will commence Tuesday and last 7 weeks.

There will be 3 different classes offered: Tuesdays 9 a.m.-noon; and Tuesday or Thursday evenings 7-9:30 p.m.

The Recreation office can be reached at 469-4128.

New Musicale Date

The Annual Fall Musicale presented by the Women's Committee of the Grossmont Community Concert Association and Grossmont College's Office of Community Services, will be presented at 8 p.m., Sunday in the Fine Arts Recital Hall, rather than October 20, the date originally scheduled.

The change in the date was necessitated by the non-availability of one of the featured performers.

Scout Promotions

Promotions and an initiation highlighted ceremonies of Scout Troop 351 of Highlands Elementary School, Spring Valley held October 7.

Three Scouts were promoted in rank. John Renkowski and Neil Motter made Tenderfoot, and Stu Motter advanced to Second Class.

Sven Timewell was initiated into the troop.

Stu also received four merit badges for accomplishments last summer. Neil received three badges and John received two. All three scouts were also presented with a Mile Swim Emblem.

A total of 22 merit badges and four special skill awards were presented to Troop 351.

Sales Near Capacity For Balboa Theatres

Nearly 80% of all tickets to the current season at the Old Globe Theatre and Carter Centre Stage have been sold on subscriptions. Theatre patrons have purchased a total of 16,801 subscriptions in the two theatre complex, 23% more than last year.

The 38-year non-profit community theatre operation began season subscriptions last year which totaled 11,431, 55% of capacity.

1974-75 subscriptions for the five Old Globe Theatre productions total 10,433 for the 33 performances in the 404 seat theatre. 6,368 subscriptions were sold in the 245 seat Carter Centre Stage for the 33 performances scheduled for each of the five productions.

Single tickets available for each production includes 2,899 in the Old Globe and 1,717 at the Carter Centre Stage. The current attractions, "Godspell" in the Old Globe and "Butley" at the Carter, are sold out.

Remaining productions to be performed on the Old Globe stage this season include "An Inspector Calls' opening November 19, "6 Rms Riv Vu" opening January 7, "You Never Can Tell" opening February 18 and "Abelard and Heloise" opening April 1.

Four additional Carter Stage productions include "School for Wives" opening November 5, "Macbett" opening January 21, "The Real Inspector Hound" opening March 4 and "The Tenth Man" opening April 15.

Med. Center Needs Arts and Crafts Aids

The Navy Regional Medical Center is in need of more Red Cross hospital recreational volunteers to work evenings and weekends. Persons interested in arts and crafts or general hospital recreational assistance will be interviewed at the Navy Regional Medical Center (Balboa), Building 7, November 12, 5:30-7 p.m.

The interviews will be followed by a general Red Cross orientation, November 13, and a hospital orientation, November 14. Interested parties should contact the Office of Volunteers of the San Diego Chapter of the American Red Cross, 291-2620.

This Week's RECIPE

Oh Boy! Meat 'N' Potatoes!

Are you constantly searching for a new way to surprise that meat 'n' potatoes man of yours? Looking for something quick-to-fix and sure-to-please? Search no more! Give him what he wants — meat and potatoes — in the hearty fare, Oh Boy! Meat 'n' Potatoes!

Chunky beef soup with its chunks of beef and garden vegetables provides the base for this delicious main dish which is mildly seasoned with cooked bacon and marjoram. Green pepper, onion, and corn are natural additions to this favorite combo. Add the crowning touch, mashed potatoes with grated Parmesan cheese.

Sit back and relax; you'll be sure to hear the familiar cry, "Oh Boy! Meat 'n' Potatoes!"

OH BOY! MEAT 'N' POTATOES!

- 4 slices bacon
- ½ cup chopped onion
- ¼ teaspoon marjoram leaves, crushed
- 2 cans (19 ounces each) chunky beef soup
- 1 can (about 8 ounces) whole kernel corn, drained
- 1 tablespoon cornstarch
- 2 tablespoons water
- 3 cups prepared mashed potatoes
- 6 tablespoons grated Parmesan cheese

In saucepan, cook bacon until crisp; remove and crumble. Pour off all but 3 tablespoons drippings. Cook green pepper and onion with marjoram in drippings until tender. Add soup, corn, and bacon. Blend cornstarch and water until smooth; add to soup mixture. Cook, stirring until thickened. Meanwhile, combine potatoes and cheese; serve on beef mixture. Makes about 5½ cups.

Don't Discard Those Nutrients, Pumpkin Carvers

The legendary jack-o-lantern is more than just an orange gourd, reminds the Dairy Council of California. It is also a food that is rich in nutrients.

The pumpkin's yellow meat is high in vitamin A and rich in minerals, especially potassium, phosphorus, calcium and iron.

The meat of the pumpkin is classified into the vegetable-fruit group of the basic Four Food Groups, but its seeds, when dried, are classified into the meat group.

Like the popular sunflower seed, the dried pumpkin seed supplies the nutrients — protein, iron, niacin and thiamin —common to the meat group food.

To many, the dried pumpkin seed, especially with the abundance at Halloween time, provides a tasty, easy-to-prepare snack food from the Basic Four Food Groups.

Say It 5 Ways

Five official languages are used at the United Nations.

Lemon Grove Review

Lemon Grove, California

Adjudicated a newspaper of general circulation in the Superior Court of the State of California in and for the County of San Diego, Dec. 5, 1949.

Adjudication No. 155892

$4.00 .....By Mail Yearly

P.O. Box 127

Lemon Grove, Calif. 92045

Second Class postage paid at Lemon Grove, California

(714) 469-0101

Published every Thursday at 7834 Lester Ave. in Lemon Grove, San Diego County, Calif. Entered as second class matter in the post office of Lemon Grove, Calif. 92045.

Max Goodwin .....Editor and Publisher

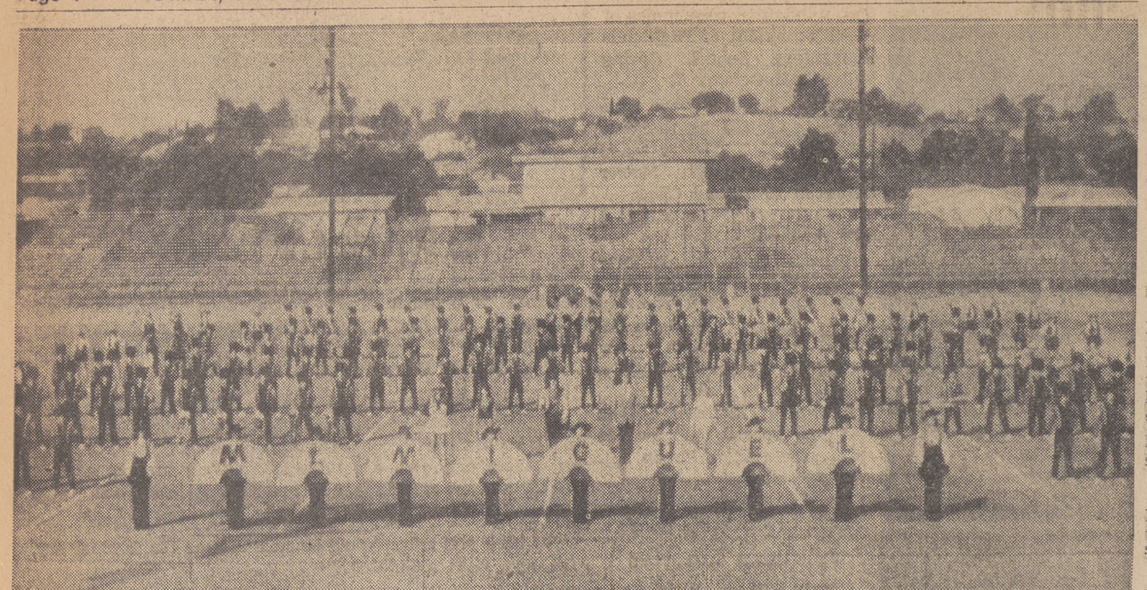
WE HAVE MOVED!
to 3711 So. Bonita
ALL SERVICES STILL AVAILABLE
● complete engine work ● smog ● lights
● brakes ● lubrication ● oil ● filters
● tires ● batteries
EVERY THING EXCEPT GASOLINE
DUTTON'S GARAGE
Casa de Oro 469-1810

PIZZA?
$2.10 & up
SPAGHETTI?
Call us ten minutes before you are ready to eat and we will have your order waiting for you.
LIDO'S Near Mass. on Broadway
469-9901

SUPER CARPET SPECIALS
$4.99 yd. Installed with pad
40 yds. $195
installed with pad
Will show samples in home
Consumer's Carpet
7771 Broadway, L.G.
463-6777

IN LEMON GROVE
formerly TEA POT INN
CANTONESE FOOD
at its Best
Cocktails & Tropical Drinks
Luncheons & Dinners
Banquet Facilities
Open 12 to 11 daily
Fri. & Sat. 12 to 12
華園酒家
Chinese Garden
8015 Broadway, Lemon Grove 469-4757

New "Old Things" Weekly
WE BUY & SELL ANTIQUES
we buy
sell
consign
trade
HIGH HOPE ANTIQUE SHOP
Celebrating Our Third Anniversary
Interesting reductions on selected items to mark our birthday.
This Week Only!
7921 Broadway, Lemon Grove
465-7830
Business Hours: 11:00 to 5:30
Monday thru Saturday
Eves. by Appt. 466-1653
BANKAMERICARD and MASTERCHARGE



MT. MIGUEL MUSIC MAKERS — Winner of several honors and known throughout Southern California, the Mt. Miguel High School Marching Band fills up half a football field. The band has made over 40 appearances already this school year.

Mt. Miguel Band Starts Another Year on Top

The Mt. Miguel High School Band is maintaining its superiority by stacking up first place ratings. The band, under the direction of Mr. Dean Immel, recently competed in two events on the same day and took first place and sweepstakes honors.

The band was judged best in the Columbus Day Parade, October 12, coming away with first place and sweepstakes titles. Later in the day, the band endured Santa Ana conditions to take first place in the Fallbrook Tournament of Bands in Poway.

At the Fallbrook tournament the band was awarded for the second year in a row what is destined to become a Perpetual Trophy. The trophy can be kept permanently by any high school band that wins the "sweepstakes" title for three consecutive years.

The band was selected for the sixth time to be the San Diego County representative in the 1974 Rose Bowl Parade. Other accomplishments of last year include sweepstakes honors at the Poway Parade and the Autumn Band Review; first place at the Maytime Band Review and "El Primero" band review; second place at the Long Beach All-Western Band review; and straight superior rating at the Southern California School Band and Orchestra Association festival.

Over 40 performances have occupied the band this school year, including a concert at the Wegeforth Bowl at the San Diego Zoo Sunday.

The band appeared Wednesday evening in the Spring Valley Shopping Center parking lot to participate in United Nations Day Celebrations.

In addition to having one of the best bands in Southern California, Mt. Miguel also has a drum major of note. Sue McPherson, assistant drum major replacing absent Richard Lorenzen, placed first in her category at Poway.

ROTARIANS 7 - LIONS 8 — Bob Sanders, a Lions club member with a family of 7 is competing with John Stenbeck, a Rotarian with a family of 8 to see which one can raise the most money for the proposed L.G.-S.V. pool on the Mt. Miguel campus. Losing club promises to match winners total. In the photo above the Sanders tribe is on the left; obviously the Stenbecks are to the right. All of them are pretending that they are breaking ground for the new pool.
A "Pool-a-Thon" event at Gunther November 2, is also a fund-raiser.

Foreign Flavor At Mt. Miguel

Foreign influence has been added to Mt. Miguel High School this year thanks to four exchange students. Mats Persson and Dette Ohlson from Sweden, Desiree Barria from Panama, and Olga Salamea from Ecuador are getting a first hand look at high school in America at Mt. Miguel.

17 year old Persson is from Malmo, Sweden. He is staying with the Randy Gates family. Mats' hobbies include tennis, playing flute and eating ice cream. Mats' father is the plant manager of a Swedish sausage factory.

Dette Ohlson, 17, arrived in August to stay with Sharon Howell. Dette enjoys sailing, skiing, ballet, and acting.

Olga Salamea is staying with the Richard Wells family. She would like to become a secretary after graduation.

Desiree Barria is staying with the Ken Hallas family. Her interests are playing piano, dancing and going to the beach.

Southwestern College Needs Musicians for Community Orchestra

Southwestern College in Chula Vista is sponsoring a Community Orchestra. The Orchestra is open to any person who plays an orchestral instrument: string, woodwind, brass or percussion. Individuals must furnish their own instruments, except percussion which the college will provide. All types of orchestral music, from Baroque to Contemporary 20th Century, will be rehearsed.

Directing will be David Amos.

Interested musicians should call Mr. Merrill at 420-1080, Ext. 289, for detail.

Champs Booked For Halloween Coliseum Show

A Halloween wrestling show is scheduled for the Coliseum Wednesday. Treats will be given to the first 500 youngsters with prizes for the 10 best costumes.

In the ring the Mighty Midgets Tag Team will do battle.

Dr. Death takes on Victor Rivera in the second bout.

Pampero Firpo defends his American title against the Wolf Man in a championship match. Eduardo Carpentier, the flying Frenchman meets the Canadian and Italian, Dino Bravo goes against Mexico's Paul Reyes in the finale.

Action starts at 7:30; doors open at 6:30.

B-Vitamin Foods

Riboflavin, a B-vitamin, helpful to good skin condition, and an aid to cells in use of oxygen, can be found in milk, cheese, ice cream, meats, fish, poultry and eggs.

Matadors Face El Cajon After 34-21 Helix Win

By Bob Traxler

The Matadors of Mt. Miguel scored three times in the final 12 minutes to overcome Helix, 34-21 last Friday for their first league victory.

A Steve Slater to Paul Burgio touchdown pass and two field goals by John Hulsey accounted for 13 points, bringing the score to 13-7. Then, two minutes into the fourth quarter Helix's Pat Chevalier exploded five yards for a touchdown putting the Highlanders ahead, 14-13. Helix's final score came on a Barranco run.

The Matadors scored three more times: fumble recoveries in the end zone by Buddy Kornegay and Jim Filly accounted for two scores and a 65-yard pass completion, Hulsey to Smith accounted for the other.

Helix fumbled the ball eight times in all, enough to help the lead change hands five times.

The leading rusher was Highlander Pat Chevalier, with Mt. Miguel's Steve Slater second.

Slater, the Mat's quarterback, injured his elbow in the first quarter and left the game. He led the Matadors in passing with three completions in four attempts for a total of 53 yards and a touchdown.

Mt. Miguel head coach Dave Ogas said that "the team played very well—especially under the circumstances.

"Tony Funk did a good job replacing Slater" said Ogas.

Tomorrow night the Matadors face El Cajon in a crucial matchup. If Mt. Miguel (1-1-1) wins, they will be tied with El Cajon (2-0-1) for first place in the Grossmont League.

Regarding stopping running back LeRoy McGee of El Cajon, Agas said: "There's probably only one way to stop LeRoy, and that's to break his leg."

B.T.

Exchange Prorgam Brings Foreigners to Two High Schools

A number of foreign students are sharing thoughts about life and schools in other lands with students at two area high schools, Grossmont and Mt. Miguel.

The three Foreign Exchange Grossmont, but thinks that this year are Astri Gaardener, Merrel Guzey, and Muhammed Abdo, from Norway, Turkey, and Ethiopia, respectively.

Gaarder is from a small farming community in southwest Norway, where she attends high school with 269 other students. She likes Grossmont, but thinks thta there are too many people.

In Turkey, Guzey attends a private girls' school. She studies 13 subjects a week, for six days a week, from 8 a.m. to 4 p.m. There are also many activities such as ping-pong, swimming, art, dancing, and many different hobbies.

Abdo likes most every kind of American food, except hot dogs. Mohammed also likes the weather here, which is much like the weather in Ethiopia, his home.

Mats Persson and Dette Ohlson from Sweden, Desiree Barria from Panama, and Olga Salamea from Ecuador are getting a first hand look at high school in America at Mt. Miguel.

17 year old Persson is from Malmo, Sweden. He is staying with the Randy Gates family. Mats' hobbies include tennis, playing flute and eating ice cream. Mats' father is the plant manager of a Swedish sausage factory.

Dette Ohlson, 17, arrived in August to stay with Sharon Howell. Dette enjoys sailing, skiing, ballet, and acting.

Olga Salamea is staying with the Richard Wells family. She would like to become a secretary after graduation.

Desiree Barria is staying with the Ken Hallas family. Her interests are playing piano, dancing and going to the beach.

SDSU Now Accepting Applications for Spring Semester

New students who wish to attend San Diego State University next Spring are advised to submit applications for admission, the university reports.

The Spring admission period has been extended to mid-November or until application quotas are filled.

Applications for the Fall semester will be accepted November 1-30 or until quotas are met.

Admissions forms are available at any high school, community college or at San Diego State Admissions Office. The university can be reached at 286-6871.

Chargers' Wives In Holiday Food Drive for Seniors

Wives of San Diego Charger football players, coaches and staff aren't just sitting around at home watching games and basking in a niche of the spotlight which shines on their husbands.

For a second autumn, they are gathering food for San Diego County needy senior citizens. Last year's drive for food netted food for 800 homes at Thanksgiving. This year the goal is for 1200 homes.

Food will be distributed to 11 different groups of senior citizens who are suffering from inflation because of low, fixed incomes.

Players' wives will be collecting canned food at the Chargers game against the Cleveland Browns on Nov. 3 at San Diego Stadium and will pick up contributions through Nov. 18.

Persons wishing to give money instead of food may send checks to San Diego Chargers Wives Club, P.O. Box 20666, San Diego 92120.

General chairmen for the drive are Mrs. Dennis Partee and Mrs. Gary Parris.

Other committee members are: Mmes. Dave Rowe, Walter Hoye, Tom Miner, Jackie Simpson, John Teerlinck, Gene Leff, Bon Boatwright and Don Horn.

Return to Winning Ways Sought By Westerners

Cal Lutheran, the highest scoring and top defensive team with the best record in NAIA District 3, invades Balboa Stadium on Saturday to clash with United States International University. Game time is 7:30 p.m.

The Kingsmen (5-1) of Coach Bob Shoup have scored 188 points for an average of 31.3 while yielding only 45 points for a 7.5 norm. The Lutherans have scored more than 40 points three times and their only loss was to Redlands, 17-13.

Coach Don Turner's Westerners, who lost their first game in four starts last week when Whittier scored two touchdowns in the last five minutes to win, 21-17, must regroup his forces and heal the wounded.

"We played good enough to win," Turner said. "But fumbles and penalties cut down our offensive efforts.

Santana Students Ready Bus for COMBO Auction

Students from Santana High School applied spit, polish and elbow grease last week to bring a 1931 Yellowstone Park sight-seeing bus back to mint condition for the upcoming COMBO auctions.

Donated by John P. Scripps, the White bus cost $8,000 in 1931, and was in use for years in Yellowstone.

The bus is one of hundreds of items collected to raise at least $320,000 at the auctions for COMBO's 14 member beneficiary organizations.

The first auction will be Nov. 2 at COMBO International in Golden Hall, Community Concourse. The second auction will be televised Dec. 3 on KGTV, Channel 10, beginning at 8 p.m.

Records on Line In Grossmont Game Saturday

The Grossmont College football team had its highest scoring effort of the 1974 season last Saturday as the Griffins hammered Southwestern College 28-3.

The team rolled up 394 yards total offense ,including 240 on 43 rushing plays. Southwestern could muster only 19 yards total offense. The Griffins also held a 17-8 edge in first downs.

With Saturday's victory, the Griffins are now 4-0-1 for the year and 3-0-1 in the Mission Conference.

Perhaps the toughest game of the season looms this Saturday as the Griffins will travel to Mission Viejo to tangle with undefeated and untied Saddleback College at 7:30 p.m.

The longest football unbeaten streaks in California will be on the line when the Griffins meet the Gauchos. Saddleback has an undefeated streak of 11 games, while the Griffins have not lost in their last 10 outings The lone blemish on the Griffin streak is a 9-9 tie with Riverside City College three weeks ago.

Braden Opens Tennis College

The Vic Braden Tennis College has been opened at Coto de Caza, south of Santa Ana.

5-6 hours a day of individualized training is given students in what is called "a tennis pro's dream facility."

Jack Kramer has called Braden "the world's no. 1 tennis coach."

Video tape and ball-throwing machines are used to correct tennis errors at the College. Eight instructors are used daily.

Coto de Caza is a 5,000-acre recreational complex which includes a hunting lodge and shooting areas, equestrian complex, health spa, gymnasium, bowling alleys, swim pools, sauna baths, hiking trails, bicycle paths, handball and squash areas.

There is also a dining room, bar and clubhouse.

Coto de Cazza is 14 miles inland from I5 at the El Toro off-ramp.

Aaron in Showbiz

VALENCIA, Ca. — Hank Aaron, baseball's home run king, will be appearing at Magic Mountain, Saturday, through Monday, (Veteran's Day).

Perhaps the country's most famous athlete, Aaron will be presented in the Valencia funpark's Showcase Theatre twice daily, at 3 and 5 p.m. Aaron will discuss the highlights of his fabulous career and answer questions from the audience.

Oriental Swords Burglar's Loot

While Kathleen Mezalla Wright of 1205 Carlsbad in Spring Valley returned about 3 p.m. Tuesday last week, she noted that the night latch on the rear door of her home was broken. She also learned that her home had been ransacked and various valuables had been taken.

The loot included two oriental swords valued at $500; a $100 Omran calculator; a gold cigarette lighter; a stereo speaker and $29 in change.

She told sheriff's deputies that the door was secured when she left that day—about 10:45 a.m.

Jack-hammers Stolen

Two jack-hammers were stolen from the premises of the James Harder Corp., at 10035 Austin rd., Spring Valley, Lyle Eugene Belle, the forman told sheriff's deputies.

The hammers were a 35 pound red one and a 65 pound blue one. The total value is $1,000 he said.

Just Opened
Salmagundi
ARTS & CRAFTS
Complete Arts & Crafts Supplies
Open 10-6:30 M-Sat.
7955 Broadway
462-0123

Patrol Dog Aids Police In Capturing Cyclist

A high-speed chase along Bancroft dr. in Spring Valley ended in the arrest of Joe Hurley Sullivan, Jr., 19, of 9260 Lamar st. about 2 a.m. last Sunday.

Sheriff's deputies gave chase when he allegedly ran a red light on his motorcycle. He was nearly hit by a second patrol car unaware that the cyclist was being pursued. He also gave chase. When the cyclist did a fast stop at Memory lane, the patrol car hit the motorcycle, dumping Sullivan who then ran into Memory lane darkness.

A patrol dog found Sullivan in the brush and police reported that while he was being placed in the rear of the patrol car, kicking, a baggie fell from his upper sock. It later proved to contain 4.45 grams of marijuana, they reported.

Charges against Sullivan included failure to yield to emergency red lights; attempt to evade being stopped by police officers; attempting to flee; resisting arrest and possessing marijuana.

He was arraigned in El Cajon Municipal Court.

TV Equipment Stolen

Nine strip amplifiers valued at $4,000 were taken from a wooden building at 10368 Strawberry, Spring Valley about 11 p.m. last week.

The theft interrupted the cable reception to ECI Cable TV subscribers in Edgewater Estates.

A spokesman for Lear Properties from whom the amplifiers were leased said the equipment had no practical use except for cable TV use.

Man's Bank Robbed

A thief climbed a 5-foot fence to get onto the premises of Jack Lumbard's home at 10127 Cristobal, in Spring Valley last Monday between 11 p.m. and 6 a.m.

His money bank was found in the patio and the $80 it contained was gone.

Purse Yields $256

Clara Maria Olah, 1568 Tarleton ave., Spring Valley, told sheriff's deputies that someone had taken $256 from her purse in her home last Wednesday. No clues were reported.

During 1973 total milk supplies in the U. S. fell 3½%, and for the first time in thirty years milk output per cow declined.

Martha's Dog Grooming
2766 Citronella
(& Imperial)
next to Hi-Lo Liquor
All Breed Grooming,
466-3550

Argument, Pot Brings Arrest

Curtis Fadner Acheson, 22, and Lisa Ann Rouse, 20, 1559 Presioca st., Spring Valley were charged with possession of marijuana when sheriff's deputies, responding to a 2:30 a.m. "disturbing the peace" complained, found 2.7 grams of marijuana; a marijuana cigarette and marijuana debris in three pots.

Acheon later told police he lived at 840 63rd St., San Diego and that Ms. Rouse was his girl friend and that they were arguing.

Their trial will be held in El Cajon Municipal Court.

Woman Driver Gets Marijuana Charge

Sheriff's deputies stopped Jerri Lee Maxwell, 22, at Bancroft and Olive streets in Spring Valley at 11 p.m. on Sunday of last week because the car had a malfunctioning til light, they reported.

She was unable to provide the officers with an identification or indication of car ownership, the officers said. Seeking some identification, officers found a baggie containing 8 grams of marijuana and two pipes beneath Ms. Maxwell's fur coat on the back seat, they alleged. She was charged with possession of marijuana and parphernalia.

Maxwell gave her address as 2477½ Hardy dr., Lemon Grove.

She was arraigned in El Cajon Municipal Court.

6 ACRES
of
GENERAL NURSERY STOCK
Compare Our Prices!
Hunter's
3110 Sweetwater
463-9341 Closed Sundays
Nursery

VISIT US AT OUR NEW LOCATION:
7912 LESTER (Behind Post Office)
Upholstering & Custom Drapery
If Your Furniture is NOT Becoming to YOU — You Should Be Coming To US!
FREE HOME ESTIMATES
call 463-8861
Give Your FURNITURE A FACE LIFTING
BACKED UP BY 25 YEARS EXPERIENCE
ALL AMERICAN UPHOLSTERY & DRAPERY CO.
7912 Lester — Lemon Grove — 463-8861

ARTEX, Typesetting & Printing
OFFSET PRINTING AT ITS BEST
Business Cards - Letterheads - Envelopes - Flyers
Wedding Invitations - Typesetting on the premises
for Tickets - Forms - Programs - Notices, etc.
QUALITY PRINTING at COMPETITIVE PRICES
In the same building as the La Mesa Scout
Call 463-9914

Formula 5000 Series Ends At Riverside

RIVERSIDE—Mario Andretti, one of America's best known sports figures, will be trying to win his first major championship in auto racing since 1969 when the Formula 5000 series ends its season Saturday and Sunday at Riverside International Raceway.

Andretti, 34, trails only England's Brian Redman in the Formula 5000 standings and could win the championship in the seventh and final Formula 5000 race at Riverside. To do so, he would have to win the race and Redman finish sixth or worse.

Andretti has had only sporadic racing success since winning the 1969 Indiaapolis 500 and says the Formula 5000 road racing campaign has been a tonic to him.

"You can easily get bored and fall into a slump doing just one kind of racing," he says, "Now, it's fun again to drive a race car."

Andretti has been driving a Viceroy Lola for Parnelli Jones in the Formula 5000 series which he is using as a tune-up for an assault on the Formula One World Championship in 1975. Only one American driver, Phil Hill, has ever won that title.

In the six Formula 5000 races held so far, Andretti has been the most dominant driver. He has set the fast time five times and led five of the races. Mechanical problems have plagued him, however, and he has been able to win just twice.

The only other driver to win a Formula 5000 race this year was another Englishman, David Hobbs, the 1971 series champion.

The Formula 5000 series is co-sanctioned by USAC and the Sports Car Club of America, opening the field to both Indianapolis drivers and road racers. Besides Andretti, USAC will be represented at Riverside by the 1974 champion, Bobby Unser, and 1974 Indianapolis 500 winner Johnny Rutherford.

The Formula 5000 and Race of Champions are being co-featured as the Riverside Grand Prix. There will be a 76-mile Race of Champions event on Saturday, and one Sunday. The Formula 5000 calls for two 60-mile qualifying heats and a 100-mile feature, all to be held Sunday.

Besides Unser and Rutherford, the Race of Champions includes such people as A. J. Foyt, Richard Petty, David Pearson, Graham Hill and the current World Champion, Emerson Fittipaldi.

TAKE FIVE

By John E. Wirges

Life today comes right atcha, full force, zipping right along from absurdity to asininity in government approved, balanced steps that belie man's ability to reason. We are herd followers, existing under the will of those who deem it their duty to direct dumb species like you and me.

Even the name "man" is under attack in this age of asexual syntax, and no less an enigma that the great state of California has joined the fight . . . on the other side of sanity.

"Man," says the great state of sunshine and smog, "can not live on by that name." An official pamphlet has been mailed, at great cost no doubt, to all men, women and children eligible to vote in California, explaining details of all the measures appearing on the November ballot.

It was compiled by no less a personage than Edmund G. Brown, Jr., who fancies himself a fittin' replacement for the movie star in the state house.

The measure in mind is officially entitled "Miscellaneous language changes regarding gender and it was actually brought up and voted on in the legislature.

The bill would take the words "he," "him," "his," and "man" out of such instruments as the State Constitution because they are offensive for their masculine. Such words as "person," "persons," and "they" would be substituted.

With a complete straight face, the measure assures one and all that the "measure has no effect on state or local government revenues or expenditures."

Sooo, at the pleasure of the herd followers, congressmen will become congresspersons, assemblymen change to assemblypersons and so on, even down to where firemen become fire fighters.

A simple extension of this philosophy could cause havoc in the sports writing and sports broadcasting business.

Say the Cincinnati Reds make it to the World Series, as Johnny Bench says they will. Next fall, in the bluster of Oakland a fleet-footed lad named Washington takes off on a Clay Kirby pitch and Bench fires a strike to Joe Morgan for the out.

Pitcher is all right, and so is catcher, but can you imagine the mouthful Bob Chandler, or whom ever sportscaster pleased the network, would have in describing an out recording throw from the catcher to the second baseperson.

How about Andy Musser calling the action of the clash between opposing line persons battling for a loose ball.

Or the fastest game in town, with a loose puck zipping along in excess of 100 miles an hour. What happens when Roy Storey or Jerry Gross try to bring the word picture of a fistic encounter between a centerperson and an enemy defensive-person with the linesperson in the middle trying to break it all up.

You can go on to nearly any sport. Either a player, official or scorer offends gender-sensitive "persons," who appear to be not at all sensitive to spending tax money to carry their foolishness to broad coverage.

God he'p us if Cock Fighting ever becomes legal in California. I don't know how they'd handle that one. And I, for one, wouldn't touch it with a 10 foot pole.

Think of the field day these non-gender persons will have when they discover horse racing. Blood lines are listed for each animal in every race, with entries like, "Standing Tall, by Stud out of Lazy Mary."

Can't you see the blood-pressure boil when the asexual set learns that a first win in racing is called "breaking one's maiden." They'll positively flip.

They are deadly serious, this asexual set. It makes you wonder how much government money they'll spend trying to get "men" out of "women?"

Ex-Champ Denny Moyer Meets Vicente Medina Friday

Former world junior middleweight king, Denny Moyer, still going strong at age 34, tangles with Tucson's Vicente Medina Friday night at the Coliseum.

Moyer, a builder and tavern owner in Portland between fights, is financially comfortable and doesn't really have to continue punching out a living in the prize ring. But a champion once during his lengthy career, Denny still entertains the idea of gaining the title in the more rewarding 160 pound division.

"I believe I have enough left to lick any middleweight in the world, and that includes the champion Carlos Monzon," insists Moyer. "When I feel myself starting to slow down, then I won't hesitate to hang up my gloves. But, hell, I still feel like a kid!"

Back on March 4th, 1972, the "youngster" Moyer got a crack at Monzon's crown and led the champ on points through the first four rounds. Then in the fifth, a punch followed by a head butt opened a deep gash over Denny's eye, and the referee quickly stopped the bout.

A 147-fight pro since 1957, Moyer has run up a record of 111-31-5, including wins over Paddy DeMarco, Virgil Akins, Benny Paret, Joey Giambra and Sugar Ray Robinson.

Medina, known locally for his sensational, one round kayo over Angelo Dundee protege Dave "Sugar" Love, met Moyer earlier this year and dropped a points verdict. This time, however, the Arizonian plans a different ending.

"I want to prove to the people here that my win over Love was no fluke," says Vicente, "and the best way to do that is to whip Moyer."

Medina comes to San Diego sporting a 28-9-2 slate with 14 kayos.

Last Week

Lightweight boxer Reuben Navarro's comeback trail took a detour Friday night.

Aurelio Muniz, of Mexico, won a knockout decision over him at 2:25 of the 8th round of a fight scheduled for 10.

Navarro looked good in only two rounds. At the end he crouched helplessly in a corner while Muniz hit him at will without a return.

The referee stopped the fight none too soon. Navarro could have been seriously injured.

A disappointment was the six round welterweight battle between Johnny Montagne of San Diego and Julio Gomez of Los Angeles. Montagne's timing was off and apparently was out of shape. He fell down five times and was knocked down once. The referee even took a point away for low blows. Gomez put on a determined and powerful performance making Montagne look bad in all six rounds.

Montagne, ordinarily, is a popular boxer who throws in a little show biz with his boxing prowess. It didn't work againse Gomez.

An example of Montagne's 'cuteness': In the dressing room interview prior to the bout Montagne told this reporter: "I'll see you at ringside."

In the sixth round Gomez knocked Montagne through the ropes. His shoulders and head came to rest in the lap of this reporter. Montagne looked up and said "I told you I'd see you."

In a light heavyweight brawl Carlos Tijernia of San Diego kept his skein intact. He knocked out Fernando Jones of San Jose at 1:51 of the fifth round. Jones started out fast but Tijernia was relentless as he amassed points. Jones quit and the referee counted him out as he stood in his own corner.

Gerald Robinson, a sleepy-looking lightweight of San Diego ran his streak to 5-0 against Guillermo Gonzales of Los Angeles. Robinson, a power hitter, was awarded a technical knockout at 2:40 of the first round. Gonzales landed only a couple of ineffective blows and it looked as though he was in danger of having his head knocked off when the referee called it off. His trainer complained long and loud, to no avail. He said "Gonzales is a strong boy. He always waits a couple of rounds before he gets to going."

Another round or two like the first one and they would have carried him away in an ambulance.

Action at the Coliseum starts every Friday at 8 p.m promptly. Video tape television cameras record the card for other western stations.

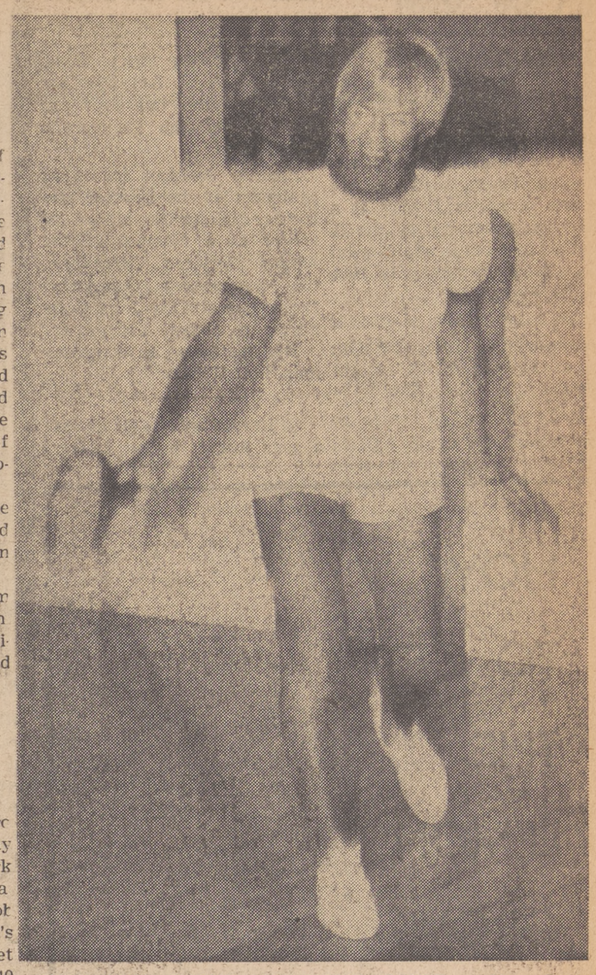
Car-Jump Record Try at S.B. Oval

A doubleheader racing program is set for this Saturday night at the South Bay Park Speedway in Chula Vista where motorcycle jumper Bob Duffey shoots for a world's record and the MARA Street Stock Cars battle in their 40 lap Grand Prix.

More than 100 laps of slambang racing will be on the evening's 10-event racing card, which gets underway at 8 p.m. Time trials for the 60-car field start at 7 p.m. on the ¼ mile clay oval.

Duffey, who hails from Las Cruces, New Mexico, will be out to smash Evel Knievel's record of 100.4 feet set in 1969 at Ascot Park in Los Angeles. Duffey will leap his Miaco over 14 new Ford Pintos.

The 24 year old cyclist is the sole man to have jumped 23 driveable compact cars. His super cycle stunt show lasts nearly an hour and features trick motorcycle riding, before he attempts his record shattering leap.



THREE-WALL CHAMP ON HOME COURT — Mrs. Betty Weed, former national three-wall racketball champion, displays her skill on the exhibition court at Helix Court House, a new 6-court handball/racketball club on Campo rd. in Spring Valley. Mrs. Weed and her husband are the owners of the club.

Roadrunners Return To Plague Mariners

It's the Phoenix Roadrunners again.

Tonight at 7:30.

They bring the same high intensity competition to San Diego as they did when they were the scourge of the Western Hockey League.

And the Mariners are about the same patsy for the Roadrunners as the Gulls were.

The Mariners will have all-star centerman Andre Lacroix back in the middle with Ray Adduono to spell him. Another top scorer, right-winger Wayne Rivers will try to help stem the invasion tide.

But Phoenix have toughies, too. Robbie Ftorek, the winger. He helped make life miserable for the Mariners at the last meeting. He scored three goals. Two of them after six stitches were taken over his eye.

Phoenix will be leading the league when they come here. The Mariners job: Beat 'em.

The Chicago Cougars will occupy the Arena ice on the Thursday following. Following them, comes the Vancouver Blazers on Sunday.

All games are 7:30 except on Sunday, 7:00.

A late note has Tommy Trevelyan reporting to Syracuse in the North American Hockey League. That means that Trevelyan has a chance to return to the San Diego ice in the future. Many fans think he's good enough.

Toreros To Try Sat. For 2nd Straight

USD football coach Dick Logan tries to work his magic for the second straight week when his Toreros entertain Humboldt State U. Saturday at 7:30 at USD Stadium, off Linda Vista rd.

The Toreros picked up their second victory in seven tries last week by stopping Pomona-Pitzer, 40-26, but Humboldt State should field a much bigger, more physical squad and it figures as a rugged test for the young USD gridders.

San Diego's freshman-dominated team had to use a defensive back in a ball carrying role at Pomona because of its many personnel hurts and may have to shuffle more bodies in an attempt to get past Humboldt.

Junior quarterback Mike Spooner should continue to direct the playmaking with his supporting backs expected to be Pat Carew (190) at fullback and either Ken Wright (190) or Steve Goodbody (165) at tailback. All are freshmen.

Humboldt State grabbed its initial triumph of the year by edging Sacramento State last week after earlier defeats against University of Hawaii, Simon Frazier, Chico State, Cal Lutheran and Cal State Hayward.

A quick and easy warm-up beverage is chocolate milk heated to serving temperature, with a dollop of whipped cream and a cinnamon stick.

Chiefs Meet Chargers Sunday

With a new star running back and the same old tough defense, the Kansas City Chiefs invade San Diego Stadium to battle the San Diego Chargers Sunday. Kickoff is 1 p.m.

Rookie Woody Green from Arizona State ran for 98 yards in his pro debut as the Chiefs (2-4) lost to the Dolphins, 9-3, in the last 17 seconds at Miami last Sunday.

San Diego (1-5) will attempt to break a four-game losing streak Sunday with its trio of talented running backs—Don Woods, Glen Bonner, Bo Matthews — challenging the formidable Kansas City defense led by all-pro middle linebacker Willie Lanier.

The game will be broadcast by Andy Musser and Dick Van Raaphorst on KSDO (1130) and the Charger network. Ross Porter and Willie Davis announce the NBC telecast. There is no San Diego television.

21,117 reserved and general admission tickets are available.

The Chiefs lead the San Diego series, 15-12-1, and won both 1973 games, 19-0 at San Diego and 33-6 at Kansas City.

Last week San Diego ran into a buzzsaw named Lloyd Little and lost to the Denver Broncos, 27-7, before 51,706 at Mile High Stadium.

Little gained 194 yards rushing and receiving.

A bright note for the Chargers was the play of No. 1 draft choice Bo Matthews in his first major appearance of the year. The 230-pound rookie from Colorado ran for 30 yards in seven carries and caught three passes for 26 yards.

Rookie sensation Don Woods was limited to 39 yards in 13 carries and caught three passes for 38 yards.

Glen Bonner also caught three passes, good for 30 yards, ran for 12 yards in three carries and scored the only Charger touchdown.

Foot Race

It was a foot race to remember. From the Denver 5-yard line, Floyd Little took a swing pass and burst into the clear. Only one Charger had a chance to catch him. George Hoey made the tackle from behind on the San Diego 23.

"I don't know what speed he had or I have," said Hoey. "All I knew is I had to catch him and stop the touchdown."

A trackman at the University of Michigan, Hoey is plenty fast. He once ran the 60-yard dash in 6.1 and had a 4.4 time in the 40. As a Charger, he is fast becoming a valuable reserve defensive back and kick returner.

Hoey joined San Diego on waivers from New England prior to the first 1974 game. The 5-10, 180, four-year veteran from Flint, Mich., was a starting cornerbeck for the Patriots in 1973. He got his first San Diego starting assignment at free safety against Philadelphia and started at corner against Denver.

"Hoey's very valuable because he can play all positions," said defensive backfield coach Willie Wood. "He's extremely quick and very intelligent. He made a big play against Denver. It would have been a disgrace to allow Little to go all the way."

'Best Weekend' At Caliente

AGUA CALIENTE — With the 5-10 mutuel handles setting a record for the meeting, Agua Caliente enjoyed its best weekend of racing — Saturday and Sunday — since the track reopened under the direction of Fernando Gonzalez.

On Saturday, the 5-10 handicapping contest handled $105,712 and the following day established a new high with $113,328 sent through the machines. The previous high handle for the 5-10 was $105,446 on Aug. 24.

One person selected five winners Sunday and collected $104,412 for his handicapping skills. The record payoff to date is $120,171 to a Carson, California, man on Aug. 24.

Another high for the border track was set Sunday when the 4-1 combination of Petite Lady ($98.00) in the second race to Mitchel Alan ($26.00) in the third, paid $1,559.80 for a $2 wager to 11 ticket holders.

Long Beach 49ers Here For Aztec Game Saturday

A much improved Long Beach State football team comes to town Saturday to play San Diego State at 7:30 p.m. in San Diego Stadium. It is a Pacific Coast Athletic Association game.

Long Beach boasted an outstanding defense last season, but still floundered to a 1-9-1 record. This season, under new coach Wayne Howard, the offense has come to life and the 49ers have posted a 2-4 record and have been in every game but one.

Last week against Hawaii in the Islands the 49ers held a 14-0 halftime lead against the unbeaten Rainbows, were tied at 21-21 late in the fourth quarter only to lose 28-21.

Bob Dulich, the transfer quarterback from University of San Diego, is the 49er offensive leader with 1025 yards total offense. He has hit 59 of 122 passes for 791 yards and rushed 74 times for 234 yards.

San Diego State answered critics last week with a 40-14 win over San Jose State. The Aztecs piled up 472 yards total offense with 293 through the air and 179 rushing.

Quarterback Craig Penrose hit 17 of 24 passes for 230 yards and a touchdown and rushed for two TD's. He was named the PCAA Co-Offensive Player of the Week along with Jeff Johnson of Fresno State. Aztec nose tackle Mike Gilbert was named the conference's Defensive Player of the Week. Gilbert set a new school defensive point record of 65. He had seven tackles, two assists, four quarterback sacks, two pass deflections, a fumble recovery and 19 pass rushes.

Dwight McDonald caught six passes to give him 34 for the season and a per game average of 6.8. He slipped to second in the nation, however, as John Ross of Toledo caught eight balls to give him 42 in six games and an average of 7.0.

"I was extremely pleased with our play against San Jose State," said Aztec head coach Claude Gilbert. "The offense played the way we have wanted them to play for two years. We did a lot of things very well and played with a great deal of emotion."

Interest Grows in March of Dimes Walkathon

Interest continues to build among young El Cajon people concerning the big March of Dimes Walkathon slated for November 2.

March of Dimes officials said yesterday that they are encouraged by the number of sponsorship forms being obtained by junior and senior high school students.

The second annual walk will begin at Renette Park in El Cajon or Lindo Lake in Lakeside. Participants will begin the 20-mile trek from 8 to 10 a.m.

'Toreros To Try Sat. For 2nd Straight

USD football coach Dick Logan tries to work his magic for the second straight week when his Toreros entertain Humboldt State U. Saturday at 7:30 at USD Stadium, off Linda Vista rd.

The Toreros picked up their second victory in seven tries last week by stopping Pomona-Pitzer, 40-26, but Humboldt State should field a much bigger, more physical squad and it figures as a rugged test for the young USD gridders.

San Diego's freshman-dominated team had to use a defensive back in a ball carrying role at Pomona because of its many personnel hurts and may have to shuffle more bodies in an attempt to get past Humboldt.

Junior quarterback Mike Spooner should continue to direct the playmaking with his supporting backs expected to be Pat Carew (190) at fullback and either Ken Wright (190) or Steve Goodbody (165) at tailback. All are freshmen.

Humboldt State grabbed its initial triumph of the year by edging Sacramento State last week after earlier defeats against University of Hawaii, Simon Frazier, Chico State, Cal Lutheran and Cal State Hayward.

A quick and easy warm-up beverage is chocolate milk heated to serving temperature, with a dollop of whipped cream and a cinnamon stick.

SUNDAY PLUMBING
Headquarters
Open 10-3
SUNDAYS
BROADWAY HARDWARE
7846 Broadway
465-6277

ENGRAVING
TROPHIES - BADGES
Complete Engraving Service
— ALL TYPES
DelRon's 7917 Broadway, Lemon Grove 469-5201

SERVING LEMON GROVE · LA MESA · SPRING VALLEY
JIM'S U-RENT
COMPLETE RENTAL YARD
We Rent Most Everything For The Do-It-Yourselfers
COMPLETE LINE OF TOOLS & EQUIPMENT
Plumber's Snake, Garden Tools and Tractors, Automotive Tools, Rug Shampoo Equipment
466-3232
Open 7 Days
8121 BROADWAY LEMON GROVE

SIGNS
from $8.95
● Fluorescent ● Interior
● 3-Dimensional ● Exterior
Our new method of sign construction is clean, dramatic, effective.
We specialize in One Day Service
Dyna-Metrics
8253½ Broadway, Lemon Grove 463-8894
(corner Sweetwater & Broadway)

SAM'S FAR EAST RESTAURANT
SPECIAL MERCHANTS ECONOMY LUNCH
SIRLOIN STEAK $1.70
GOLDEN FRIED CHICKEN 1.35
CHICKEN FRIED STEAK 1.25
PORK CUTLETS (Fresh Cut) 1.25
GRILLED HALIBUT 1.25
GROUND ROUND STEAK 1.25
BREAD VEAL CUTLETS (Fresh Cut) 1.25
Served with Potatoes or Rice, Vegetables, Bread and Butter
GOT LET CHICKEN 1.25
PORK CHOW MEIN (NOODLE) 1.10
PORK CHOP SUEY (RICE) 1.10
CHICKEN CHOW MEIN (NOODLES) 1.30
EGG FOO YOUNG 1.10
Served with Steamed Rice or Crisp Noodles
SPECIAL COMBINATION LUNCH
PORK CHOW MEIN, FRIED RICE, GOT LET CHICKEN WITH SWEET-SOUR SAUCE 1.35
EGG FOO YOUNG, FRIED RICE, GOT LET CHICKEN, SWEET-SOUR SAUCE 1.35
Try Our Reasonably Priced Family Dinners Starting at $2.20
7816 Broadway, Lemon Grove — 466-8155

U.S. Sen. 'Scoop' Jackson at Meet

Senator Henry "Scoop" Jackson (D-Washington) and Colleen O'Connor, nominee from the 41st Congressional district in San Diego, will be the guests of honor Friday at a luncheon sponsored by the S. D. County Democratic Central Committee, according to Rita Luftig, chairman.

The affair, which is $7.50 a person will be in the Pavilion Room of the U. S. Grant hotel.

Jackson's visit to campaign for Colleen O'Connor follows a visit by Rep. Thomas "Tip" O'Neil of Mass., Majority Whip of the House of Representatives. The 41st Congressional District has been targeted as a priority district by the Democratic Party. Leading Democrats feel that for the first time this seat can be won by the Democratic nominee.

Senator Jackson serves as chairman of the Interior and Insular Affairs Committee. He serves as a member of the Armed Services Committee, the Government Operations Committee and the Joint Committee on Atomic Energy.

The incumbent is Congressman Bob Wilson.

California spends $6 million a year just to collect litter.

HOW TO GET THE LEMON GROVE REVIEW or THE SPRING VALLEY BULLETIN DELIVERED TO YOUR HOME

The ideal way to take The Review or Bulletin is by convenient subscription by mail.

You're sure of prompt, regular receipt of your newspaper when your mailman delivers The Review or Bulletin to your home.

The coupon below is all you need to start your service. Fill it out and mail it today. We will bill you later. Your need send no money now.

Homeland Publishing Co.
P.O. Box 127
Lemon Grove, Calif. 92045

Start sending the weekly Review or Bulletin to my home at the rate of $5.00 per year and continue until further notice.

NAME

ADDRESS APT.

CITY ZIP

PHONE

DITCH INSPECTOR — Pat St. John, Homeland Publishing's receptionist, investigates progress made by utility workers in the initial phase of the Lemon Grove freeway off-ramp project scheduled to commence this month. The contract for the project was awarded recently to Daley Corp.

Councils Planned For Community Feedback

The San Diego County Board of Supervisors is considering the establishment of Community Councils for the unincorporated areas of the County.

In August, the Board directed County staff to develop two pilot Community Councils, one for the Montgomery area and one for the Ramona area.

At the Oct. 21 meeting of the Montgomery Civic Association, County staff discussed the formation of a Community Council.

As originally envisioned, the Community Council would include four groups which would give residents of the area a voice in the affairs and issues of the community. Those subcommittees are County Service Area Advisory Council, Municipal Advisory Council, Community Plan Executive Committee and Area Planning Commission.

The two pilot programs, along with general Community Council guidelines, will be presented to the Supervisors in late November for further consideration.

LEMON GROVE ROOKIE — Earl Wentworth, a Sheriff's Deputy Cadet assigned to the Lemon Grove office, watches as office secretary Carol Lawrence cuts a cake marking Wentworth's ascension to deputy sheriff in an Explorer Scout program in which young men, 17-21 may take cadet training. Wentworth began cadethood in August, 1973. He now goes to the Sheriff's Academy until February 1975.
Looking on at the ceremony were Detective Dave Stafford; Sgt. Benny McLaughlin; Cadet Mike O'Hara (barely visible) Lawrence; Detective Thomas Johnson (barely visible): Wentworth and Detective Ralph Kraft.
The cake was baked, decorated and contributed by the wife of Detective Terry Thomson.

'Cut Tax Exemptions' Urges John W. Lynch

Board of Equalization Member John W. Lynch has called for enactment of measures "to prevent favored special interests from shifting the tax burden onto all other taxpayers."

He asked for automatic review every five years of the exemptions from property and sales taxes, with the beneficiaries then required to justify the continuance of the exemption.

"Only by some such sweeping device," Lynch said, "does it appear possible to curb the growth of the number of exemptions and the erosion of property and sales tax bases."

Lynch pointed out that many of the current exemptions in both the sales tax and property tax laws have been adopted piecemeal over the years, without regard for their overall impact in the tax bases.

The granting of one exemption soon leads to requests for granting of another, he said. "These exemptions lead inevitably to increases in the tax rate or in the rates of other taxes whose proceeds are used to replace the revenues lost by erosion."

"Such exemptions shift the tax burden from the favored interest to all other taxpayers," Lynch charged.

In addition to his exemption-review proposal, Lynch, twice a past-president of the Western Association of Tax Administrators and the National Association of Tax Administrators, urged that:

Income tax on pensions and retirement income be abolished;

Property taxes on non-income single-family dwellings be frozen at the current rates until the property is sold and a new value established;

Oil companies and insurance companies be required to pay taxes the same as other taxpayers; and

Counties be permitted to collect taxes in more than two installments to ease the burden on taxpayers.

Lynch said that the two-thirds of the homeowners whose tax payments are not now included in their monthly payments to lending institutions "need an opportunity to spread their payments more evenly over the year."

"As property tax burdens increase," Lynch said, "it becomes more and more difficult for people to meet the current two large installments in December and April.

"The relatively minor administrative cost for each individual in such a proposal would be easily outweighed by the benefit," he said, adding that counties also would benefit as their receipt of cash would be spread more evenly over the year.

ACE
Drive-In Theatre
Broadway, Lemon Grove

Bruce Lee
"Enter The Dragon"
(R)
— co-hit —
"Lady Kung Fu"
Playing thru Oct. 29
$2.50 per legal car load
Open 6:30 — Start 7:30
469-5328

THOMAS & SON DISPOSAL
8176 CENTER
LA MESA
LOW PRICES
For Disposable Plastic Trash Bags
461-2261
BAG YOUR TRASH
KEEP A NEAT STREET
Bags may be picked up at our office for $4.75 between 8:30 a.m. & 4:30 p.m. Delivered at $5.25. Tax Included.

IRS TAX ANSWERS

F. S. Schwaidt, DISTRICT DIRECTOR, INTERNAL REVENUE SERVICE

This column of questions and answers on federal tax matters is provided by the local office of the U. S. Internal Revenue Service and is published as a public service to taxpayers. The column answers questions most frequently asked by taxpayers.

Q. I am a music teacher in the school system, but I'm going to take a new job as music director in my church. The church will give me a rental allowance in addition to my salary. How will this effect my taxes?

A. The rental allowance will be taxable income to you. Your church may commission you as a "minister of the gospel of music," but unless it authorizes you to perform all the ecclesiastical duties of an ordained minister, you are not a member of the clergy. Therefore, you won't be eligible to exclude the rental allowance from your taxable income — a tax benefit available only to members of the clergy.

Q. I just inherited several pieces of gold jewelry from a relative. I may sell them and invest the money. What taxes may be involved as a consequence of this inheritance?

A. Bequests and inheritances you receive are not income to you for Federal tax purposes. But if property you receive in this manner later produces taxable income, such as interest, dividends or rentals, you'll have to pay tax on the income.

For example, if you wait and sell the jewelry at a later time for more than its fair market value at the time of the previous owner's death, then you'll have to pay tax on the gain.

Q. I'm recovering from a broken hip and I've employed someone to do house cleaning and cook meals until I'm back on my feet. Can I deduct payments for this service as a medical expense?

A. No. Payments for domestic help aren't tax deductible, even if your doctor has recommended your obtaining help because of your physical inability to perform household work.

Q. As a result of some debts I haven't paid, my wages have been attached. Since I'm not getting wages until these debts are paid, do I have to pay income tax on the money used for the debts?

A. Yes. If your employer uses your wages to pay your debts, or if your wages are attached or garnished, the full amount is constructively received by you and must be included in your income for the year in which you would otherwise have actually received it.

Cranston's Bill Said To Ease Housing Funds

The U.S. Senate passed 77-0 a bill by Senators Alan Cranston (D., Calif.) and Edward Brooke (R., Mass.) that will make available $7.75 billion in new mortgage money for low and medium priced homes.

Senate action came immediately after President Ford, in an address before a joint session of Congress, praised Cranston and Brooke for their "leadership" and promised to make "at least $3 billion immediately available for mortgage purchases, enough to finance about 100,000 homes."

The measure, Cranston said, will be a shot in the arm for the housing industry, which is in the midst of a depression, and a boost for thousands of families who have been priced out of the housing market because of inflation, tight money and high interest rates".

Cranston serves on both the Banking Subcommittee on Housing and the powerful new Senate Committee on the Budget.

A floor amendment to the bill raised a possible obstacle to prompt House passage and a Presidential signature, but Cranston said he felt "confident that we can work things out with the Administration.

The amendment puts an interest ceiling on loans of ½% plus the cost of Treasury borrowing. Currently this totals 8½%.

The bill would direct HUD to buy up to $7.75 billion in mortgages on both conventionally and federally insured loans up to $42,000.

Cranston noted that unemployment in the construction industry hit 12.4% in September, compared to an overall unemployment rate of 5.8% for all industry, and has risen to 13% this month.

"The unemployment rate in California, one of the states where the housing industry has been hardest hit, is now at 20% and some industry spokesmen say it can reach a catastrophic 60-80% by next year unless the Cranston-Brooke bill becomes law."

Halloween: Goblins' Joy And Mothers' Tears

Halloween comes this year on Thursday night.

As usual, it's the last day of the month.

Every mother knows the problems that come with Halloween.

This year the problems will be no less and no different than before.

Little goblins will come home with all sorts of Halloween stains and sticky residue on their clothing.

But don't panic. It takes no miracle brew to get the stains out.

And just to add to the joviality of the season, here's an "Ode To A Candy Mess" prepared by a cleanser firm, followed by some tips on how to clean the mess when Halloween is over.

ODE TO A CANDY MESS

Witches and goblins, unexplainable sights
Ghosts and great pumpkins, even white knights
All are a part of the Halloween scene
Whether you're three or you're past seventeen.

For mothers of children, the day through means more
Their angels eat chocolate and goodies galore
Not a real problem, you say with a grin
Halloween's out as fast as it's in

No not a real problem for Dad or for Bess
But what if dear Julie comes home all a mess
What'll mom do 'bout the stains on her blouse
How 'bout that chocolate than ran down from her mouth

What of that grape juice she had at Aunt Bea's
How 'bout that mustard she got on her knees
Oh and that lipstick she got on her sleeve
What of the bubble gum she sat on at Steve's

Don't jump on that broomstick
It won't go away
So, for one day a year
Your child went astray

Your market has help for all of these ills
A good cleaner can reduce most replacement bills
Just follow directions as they do appear
Like magic you'll find stains do disappear

For chocolate and lipstick for grape juice and gum
The answer's so easy, no need to be glum
Just read very carefully, have patience not fear
Before you know it, you'll kiss the li'll dear.

CHOCOLATE OR COCOA

Place stained area in cold water, rubbing area until stain does not lighten further. Machine wash garment in hot water (150 degrees or more) with ½ cup of good cleaner, ½ cup non-chlorine bleach and 1 cup detergent. If grease strain remains after drying, sponge with dry cleaner.

CHEWING GUM (Bubble Gum)

Rub stained area with ice. Scrape off as much as possible with a dull knife. Sponge with dry cleaning fluid and rinse well. Launder in the hottest water fabric will allow with ½ cup of good cleaner and 1 cup detergent.

FRUIT & BERRY JUICES (Grape Juice)

Fruit and berry stains (except cherry, pear, peach and plum) can be removed by pouring hot water through the stain until lightened. If hot water is not safe for fabric, soak in warm water with ½ cup of good cleaner and 1 cup detergent for ½ hour in machine. After soak period, run through complete cycle. For cherry, pear, peach and plum stains: Sponge with cold water, rub in a small amount of detergent. Launder in hot water with ½ cup of good cleaner and 1 cup detegent.

COSMETICS (Lipstick)

Wet stains with cool water. Rub in detergent until a thick suds is formed. Work in suds until outline of stain is gone. Rinse well and launder in hot water with ½ cup of good cleaner and 1 cup detergent.

AIP Nominee Says Ford is 'Trickster'

Jack McCoy, American Independent Party nominee for United States Senator recently charged that President Ford is continuing the same major party policies of year round Halloween "Tricks and Treats" in his proposals to solve our country's massive inflationary problems.

McCoy said, "the bureaucrats trick us while we are forced to treat them. Mr. Ford's new proposals fit the established pattern of big government serving special interests rather than the tax paying citizens."

McCoy continued, "the tax breaks continue to go to the big money powers like the Rockefellers because their companies control millions of dollars which they can place back into expansion, which means greater profits.

Again and again the small business man and blue collar worker get it in the neck. They will be the ones hurt by Ford's new surcharge tax, because they are already engaged in a struggle for survival and do not have the money to make investments in order to get tax exemption breaks.

The one who will suffer most is the person in the lower income bracket who has already been plucked clean and has no more feathers to pluck.

Franco Rule

For more than 35 years Generalissimo Francisco Franco has ruled Spain. He is 81 years old.

BUSINESS SERVICES DIRECTORY

BROADWAY HARDWARE
7846 B'way 465-6277

GROVE OFFICE SUPPLY
7890 B'way 463-4494

T. N. CARLTON CABINETS
— DO IT YOURSELFERS OK —
8179 Broadway, L.G. 465-6900

LEE'S ALTERATIONS
LADIES & MEN'S APPAREL
3465 Imperial, L.G. 469-9631

OYLER RADIO
7092 Broadway
Auto Radios 463-4100

Lemon Grove Arts & Crafts Gallery
7933 Nichals St. 466-3310
OILS, TRANSFERS and CRAFTS

Homeland Publishing Co.
PRINTING
7834 Lester, L.G. 469-0101

Weddings Photographed
Robert E. Bruss Photography
461-0522

MARDER'S STATIONERS
7939 B'way 469-4386

BROWNE'S
WASHING MACHINE REPAIR
3282 Main, L.G. 469-2144

Tri-City TV and Appliances
Open 9 to 9 — Color TV Repairs
7579 Broadway, L.G. 469-6141

LEMON GROVE TIRE CO.
New Tires — Retreads
Align — Brake — Shocks
7319 Broadway — 469-0115

Martha's Dog Grooming
ALL BREED GROOMING
2766 Citronella — 466-3550

Evelyn's Salon of Beauty
8917 Jamacha Rd. 466-3257
Open Tues. thru Saturday

Lemon Grove Transmission
Air-Conditioning
Towing — Tune-up
3483 Grove 463-3324 463-3352

FRED DE LUCA
Broadway Texaco Service
Bwy. & Mass. 466-1545

ESPE TV SERVICE
B & W and Color Repairs
3552 Buena Vista 466-8344

WARREN'S MAPLE SHOP
7825 B'way 469-6191

LEMON GROVE FLORIST
It's Great to be FTD
7965 Broadway 463-8822

Tops in Farming

For the twenty-sixth consecutive year, California continues to be the nation's number one farm state, outranking its nearest competitor, Iowa, by $750 million in cash receipts from farming.

Of California's 200 recognized crops, five percent represent nearly 100% of the nation's total production. These commodities are almonds, artichokes, dates, figs, nectarines, olives, pomegranates, prunes, ladino clover seeds and walnuts. In dairying, California is in the top four dairy states in the nation.

Pantyhose Holdup

Hijackers in California seized a truck and took 12,500 pairs of pantyhose.

LEGAL NOTICES

COUNTY OF SAN DIEGO
NOTICE TO CONTRACTORS

Sealed proposals will be received at the Office of the Board of Supervisors, Room 306, County of San Diego Administration Center, 1600 Pacific Highway, San Diego, California, 92101, until 2:00 o'clock P.M. on Thursday, November 7, 1974, at or about which time they will be publicly opened and read in the same building in the Board of Supervisors Chambers, for construction in accordance with the specifications therefor, to which special reference is made, of portions of County

AIR TRACK DRILLING AND BLASTING
WORK ORDER NO. 885011
ENGINEER'S ESTIMATE

Item	Quantity	Description
1.	1,000 hours	Air Track Drilling and Blasting

The foregoing quantites are approximate only, being given as a basis for the comparison of bids, and the Board of Supervisors does not, expressly or by implication, agree that the actual amount of work will correspond therewith, but reserves the right to increase or decrease the amount of any class or portion of the work, as may be deemed necessary or expedient by the said Board of Supervisors.

In accordance with Section 6423 of the California Labor Code, these contract documents contain, where applicable, a bid item to provide, for trenches or open excavations which are five feet or deeper, adequate sheeting, shoring, and bracing, or equivalent method, for the protection of life or limb, which all conform to applicable safety orders.

In accordance with Section 1770 of the California Labor Code, the Board of Supervisors has determined the prevailing basic rate of per diem wages, inclusive of fringe benefits, a copy which may be seen in the Office of the Clerk of the Board of Supervisors (Document No. 4787171).

The attention of Bidders is directed to the section of the Contract Documents which outlines Affirmative Action Requirements for equal employment opportunity. At the time of submittal of the Bid, each Bidder must furnish to the County his completed and signed "Bidder's Certification." Prior to the award of any subcontract of $10,000 or over, the prime contractor must likewise obtain and furnish to the County a "Subcontractor's Certification" from each such prospective subcontractor.

No bid will be accepted unless it is made on a form furnished by the County Engineer, and is accompanied by the security referred to therein. Form of bid proposal and bonds may be obtained at the County Engineer Department.

No award will be made to a Contractor who is not licensed under Chapter 9, Division 3, Business and Professional Code, or to whom a proposal form has not been issued.

The successful bidder, simultaneously with execution of the contract documents, will be required to furnish a Payment Bond for Public Works in an amount equal to fifty (50%) percent and a Performance Bond in an amount equal to one hundred (100%) percent of the contract price, each secured from a surety company satisfactory to the Board of Supervisors, and on the form contained in the Contract Documents.

The Contract Documents, which includes Plans and Specifications, may be examined at the County Engineer Department, Building 2, Room 184, 5555 Overland Avenue, San Diego, California, 92123. A copy of the Contract Documents may be obtained at said Office upon payment of $8.00 plus tax. If payment is made by check, it should be made payable to the "County of San Diego". NO REFUND WILL BE MADE.

A copy of the publication "Equipment Rental Rates" of March 1974 may be obtained at said Office upon request.

The attention of bidders is particularly directed to the provisions of Sections 8-1.01 and 8-1.02 of the Standard Specifications regarding subcontracting and assignment of the contract, respectively.

The Board of Supervisors reserves the right to reject any or all bids, and the right to waive irregularities or informalities in any bonds or in the bidding.

PORTER D. CREMANS
Clerk of the
Board of Supervisors
S.V. Bulletin, Oct. 17 & 24, 1974

NOTICE OF PROPOSED CHANGE OF ZONE BOUNDARIES OR CLASSIFICATION
(Lemon Grove Section)

NOTICE IS HEREBY GIVEN that the Board of Supervisors of the County of San Diego will hold a public hearing on November 6, 1974, at 2:00 p.m., in Room 310, Board of Supervisors North Chamber, County Administration Center, 1600 Pacific Highway, San Diego, California, on a proposal to reclassify all or part of the hereinafter described property in the Lemon Grove Section from the R-3 Multiple Residence Zone to the C-2 Business Zone, M Industrial Zone, or a more restrictive zone in accordance with The Zoning Ordinance of the County of San Diego.

Said property comprises an area of about 4.9 acres, is long and narrow in shape, and is located on the southeast side of Federal Boulevard extending about 1,500 feet northeast from its intersection with Central Avenue. The property has about 500 feet of frontage on Central Avenue and has a maximum depth of about 220 feet measured southeast from Federal Boulevard.

This hearing will be held pursuant to the application of Ray Clancy/101 Investa Group, on file in the office of the Clerk of the Board of Supervisors, Room 306 of said Administration Center, to which reference is made for further detail.

At the hearing any interested person may appear and be heard.

PORTER D. CREMANS
Clerk of the
Board of Supervisors
By Lenelle Doyle, Deputy
L.G. Review, Oct. 24, 1974

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-8057

The following persons are doing business as: D & D ORNAMENTAL IRON at 612 PARAISO AVENUE, SPRING VALLEY, CA 92077
DONALD L. COON, 612 PARAISO AVE. SPRING VALLEY, CALIF. 92077
DREUX H. VIERRA, 2420 CENTRAL AVE. SPRING VALLEY, CA. 92077
GAYRA K. COON, 612 PARASIO AVE. SPRING VALLEY CA. 92077
This business is conducted by "A GENERAL PARTNERSHIP".
Signed Dreux H. Vierra
This statement was filed with the County Clerk of San Diego County on Oct. 21, 1974.
Expires Dec. 31, 1979
S.V. Bulletin, Oct. 24, 31, Nov. 7 & 14

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-8055

The following persons are doing business as: UNITED ENTERPRISES at 7025 Waite Drive No. 7B Lemon Grove, CA 92045
Stan Roberts, 7025 Waite Dr. No. 7B Lemon Grove, CA
Carol Tassone, 7025 Waite Dr. No. 7B Lemon Grove, CA
This business is conducted by Stan Roberts & Carol Tassone, General Partnership.
Signed Stan Roberts
This statement was filed with the County Clerk of San Diego County on Oct. 21, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 24, 31, Nov. 7 & 14

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-8056

The following person is doing business as: B-S Trucking at 12647 Lindo Lane Apt. C Lakeside, Ca 92040
Jerald Steed, 12647 Lindo Way Apt. C Lakeside, Ca 92040
This business is conducted by an individual.
Signed Jerald Steed
This statement was filed with the County Clerk of San Diego County on Oct. 21, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 24, 31, Nov. 7 & 14

COUNTY OF SAN DIEGO
NOTICE TO CONTRACTORS

1. The County of San Diego invites sealed bids for: Spring Valley Park Restroom Facilities & Shade Structure Project KN4712
2. Bids will be received in the Office of the Clerk of the Board of Supervisors, Room 306, San Diego County Administration Center, 1600 Pacific Highway San Diego, California 92101 until 2:00 p.m. on the Thursday day of November 14, 1974, and will be opened and publicly read aloud. Copies of the Contract Documents including plans and specifications are on file and may be examined at the Office of the Clerk of the Board of Supervisors at the above address.
3. Bids shall conform to and be responsive to the contract documents, for said work and must be accompanied by the security referred to therein.
4. Contract Documents including drawings and specifications are available at San Diego County Operations Centers, Architectual Division, Building 2, Room 220 5555 Overland Avenue San Diego, California 92123 upon payment of $8.48 per set, including sales tax. Payment will not be refunded and documents need not be returned.
5. Owner reserves the right to reject any or all bids or to waive any irregualities or informalities in any bids or in the bidding.
6. Alternates: If alternate bids are requested, the Contract may be awarded at the election of the Owner on the base bid or on the base bed and any alternate or combination of alternates.
7. Trenches and Excavations: In accordance with Section 6423 of the California Labor Code, these contract documents contain, where applicable, a bid item to provide, for trenches or open excavations which are five feet or deeper, adequate sheeting, shoring, and bracing, or equivalent method, for the protection of life or limb, which shall conform to applicable safety orders.
8. California-made supplies: Preference will be made in award for California manufactured supplies, in accordance with Government Code Sections 4330 et seq.
9. Bonds: The successful bidder, simultaneously with execution of the contract documents, will be required to furnish a Payment Bond for Public Works in an amount equal to 50% and a Performance Bond in an amount equal to 100% of the contract price each secured from a surety company satisfactory to the County and on the form contained in the contract documents.
10. Affirmative Action Compliance: The attention of bidders is directed to the section of the Contract Documents which outlines Affirmative Action Requirements for equal employment opportunity. At the time of submittal of the Bid, each Bidder must furnish to the County his completed and signed "Bidder's Certification." Prior to the award of any subcontract of $10,000 or over, the prime contractor must likewise obtain and furnish to the County a "Subcontractor's Certification" from each such prospective subcontractor.
11. Wage Rates: The Board of Supervisors of the County of San Diego County has, by resolution, determined the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work in San Diego County for each craft, classification, or type of workmen needed to execute a contract for public work. Said resolution, Document No. 478717 is on file in the office of the Clerk of the Board of Supervisors.

PORTER D. CREMANS
Clerk of the
Board of Supervisors
S.V. Bulletin, Oct. 24 & 31

NOTICE TO CREDITORS
SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO
No. 107384

ESTATE OF JOHN RATTRAY MURRAY, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above-named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above-entitled court, or to present them, with the necessary vouchers, to the Administrator at 8775 Balboa Avenue, San Diego, CA 92123, which is the place of business of the Administrator in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated: October 15, 1974.
W. E. THACKER
Administrator of the estate of the above-named decedent
ROBERT G. BERREY,
COUNTY COUNSEL
By MARY GELL, Deputy
Attorneys for said Administrator
8775 Balboa Avenue San Diego, CA 92123 565-5494
S.V. Bulletin, Oct. 24, 31, Nov. 7 & 14

NOTICE TO CREDITORS OF SALE OF STOCK IN BULK AND NOTICE OF INTENDED TRANSFER OF LIQUOR LICENSE OR LICENSES

NOTICE IS HEREBY GIVEN: That Pedro G. Hurt, Transferor and Licensee, whose business address is 9924 Campo Rd., in the City of Spring Valley, County of San Diego, State of California, intends to sell, transfer and assign to Charles T. Long and James L. Welbaum, Transferees and intended transferees, whose business address is 9924 Campo Rd., in the City of Spring Valley, County of San Diego, State of California, the following described personal property, to-wit:

All stock in trade, fixtures, equipment and good will of a certain Beer Bar business known as The Cherry Patch, and located at 9924 Campo Rd., Spring Valley, in the City of Spring Valley, County of San Diego, State of California, and transfer the following alcoholic beverage license: now issued to premises located at 9924 Campo Rd., Spring Valley for the premises located at same in the City of same, County of same, State of California.

That the amount of purchase price of consideration in connection with said transfer of said license is included in the total price of the Business, fixtures and equipment shown below, which consists of the following:

All other business names and addresses used by the Transferor within three years last past so far as known to the Transferee are: Blackbeard C B Equipment, 7328 Broadway, Lemon Grove, Ca. 92045

That the amount of the purchase price or consideration in connection with the transfer of said business and license is the sum of $14,650.00, which consists of the following: Balance of notes of record in the amount of $14,-650.00

That it has been agreed between said licensee and intended transferee as required by Sec. 24074 of the Business and Professions Code, that the consideration for the transfer of said business and transfer of said license is to be paid only after said transfer has been approved by said Department of Alcoholic Beverage Control.

That a sale, transfer and assignment of the aforesaid stock in trade, fixtures, equipment and good will of the said business will be made, and the consideration therefore together with the consideration for the transfer and assignment of the aforesaid license is to be consummated on or after the 1st day of November, 1974, at the escrow department of BANK OF AMERICA N. T. & S. A., 491 Sweetwater Rd., Spring Valley, County of San Diego, State of California, 92077, at 491 Sweetwater Rd., in the City of Spring Valley, County of San Diego, State of California, provided that the Department of Alcoholic Beverage Control has approved said transfer of said license.

Dated: October 4, 1974
Pedro G. Hurt
Transferor and Licensee
Charles T. Long
Intended Transferee
James L. Welbaum
Intended Transferee
S. V. Bulletin, Oct. 24

NOTICE OF BULK TRANSFER

To Creditors of ROBERT LOUIS BRUNO, JAYSON S. GREENE, & LOUIS A. MAYO, Transferors:

You and each of you, pursuant to Sections 6105 and 6107 of the Uniform Commercial Code are HEREBY NOTIFIED as follows:

1. The Transferors ROBERT LOUIS BRUNO, JAYSON S. GREENE & LOUIS A. MAYO are about to transfer to the undersigned RUTH PUPAKO, Transferee, in bulk: All or a substantial part of the materials, supplies, merchandise, equipment, fixtures or other inventory of the said transferors now located at 3729 University Avenue, San Diego, California 92101, all as more particularly described in a schedule which, with a list of transferor's creditors, is on file and open for inspection and copying by any creditor at all reasonable hours at Southern California 1st National Bank, 3285 Imperial Ave., Lemon Grove, Calif. 92045.
2. The names and business addresses of the transferors and the transferee are:

Transferors: ROBERT LOUIS BRUNO, 8241 Lake Andrita, San Diego, Ca. 92119; JAYSON S. GREENE, 635 2nd Ave., San Diego, Ca. 92101; LOUIS A. MAYO, 1907 Robinson, Apt. 208, San Diego, Ca. 92104.

Transferee: RUTH PUPAKO, 4155 Bonillo Dr., San Diego, Calif. 92115.

All other business names and addresses used by the transferors within three years last past, so far as known to the transferee, are: Robert Louis Bruno, dba Security Mortgage Co, 6859 Federal Blvd., Lemon Grove, Ca. 92045—Louis A. Mayo, dba IVY HILL MASSAGE, 30th & Ivy St., San Diego, Ca. 92104.

3. The location and general description of the property to be transferred is: Fixtures and equipment of a Card Room located at 3729 University Ave., San Diego, Calif. 92101, known as MAGGIE'S PALACE.
4. The bulk transfer is to be consummated at Southern Calif. 1st National Bank, 3285 Imperial Ave., Lemon Grove, Calif. 92045, on or after November 4, 1974.

Dated: October 14, 1974.
Ruth Pupko
Transferee
B 42889 Lemon Grove Review, Oct. 24

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7824

The following person is doing business as: ALL AMERICAN 24 HOUR DELIVERY, at 4105 Central Ave., San Diego, Calif. 92105.
Thomas A. Gaughen, 4105 Central Ave., San Diego, Cal. 92105.
This business is conducted by an individual.
Signed Thomas A. Gaughen
This statement was filed with the County Clerk of San Diego County on Oct. 11, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 17, 24, 31 & Nov. 7, 1974

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
FILE NO. 74-7710

The following persons have abandoned the use of the fictitious business name M & M WASH at 2627 Imperial Ave., Lemon Grove, Ca.

The fictitious business name referred to above was never filed.
MIKE M. SHARP, 7815 Mt. Vernon El Cajon, Ca
JOAN M. SHARP, 7815 Mt. Vernon El Cajon, Ca
This business was conducted by an individual.
Signed MIKE M. SHARP
This statement was filed with the County Clerk of San Diego County on October 8, 1974.
L.G. Review, Oct. 17, 24, 31 & Nov. 7

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7690

The following persons are doing business as: FLUFFY WASH at 2627 Imperial Avenue, Lemon Grove, Ca
ROY E. BEVINS, 1488 Pepper Dr. El Cajon, Ca 92021
MARY F. BEVINS, 1488 Pepper Dr. El Cajon, Ca 92021
This business is conducted by an individual.
Signed Mary F. Bevins
This statement was filed with the County Clerk of San Diego County on October 7, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 17, 24, 31 Nov. 7

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF SAN DIEGO
NO. 358914

In the Matter of the Application of SHARON KAY NEAL)

Whereas, the petition of Sharon Kay Neal has been filed with the clerk of this court for an order changing Petitioner's name from Sharon Kay Neal to Diana Hunt.

IT IS HEREBY ORDERED that all persons interested in said matter appear before this court at, 2:00 PM NOV. 21, 1974, in the courtroom of DEPT. ELEVEN to shown cause why this application for change of name should not be granted.

IT IS FURTHER ORDERED that a copy of this order to show cause be published once a week for four successive weeks prior to the day of said hearing in Spring Valley Bulletin, a newspaper of general circulation printed in the County of San Diego.

DATED: OCT. 10, 1974
CHARLES W. FRUEHLICH, JR.
Judge of the Superior Court
S.V. Bulletin, Oct. 17, 24, 31 & Nov. 7

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7818

The following person is doing business as: CRESTVIEW GUEST HOME at Crestview Guest Home 9433-Crest Drive, Spring Valley, CA
MARY R. CROWSON, 9433-Crest Drive, Spring Valley
This business is conducted by an individual.
Signed Mary R. Crowson
This statement was filed with the County Clerk of San Diego County on Oct. 11, 1974.
Expires Dec. 31, 1979
S.V. Bulletin, Oct. 17, 24, 31 & Nov. 7

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7817

The following persons are doing business as: Fountain Products at 3568 Main st., Suite G Lemon Grove, Calif. 92045
Doris M. Houshar, 5715 Amarillo st. La Mesa, Calif. 92041
Jan Houshar, 9671 Canbury Santee, Calif. 92071
Justin Houshar, 5715 Amarillo st. La Mesa, Calif. 92041
This business is conducted by limited partnership.
Signed Justin Houshar
This statement was filed with the County Clerk of San Diego County on Oct. 11, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 17, 24, 31 & Nov. 7

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7819

The following persons are doing business as: C & S INTERIORS & THINGS at 2805 Imperial Ave. Lemon Grove, CA 92045
Donald C. Corrie, 7267 Gatewood Lane San Diego, CA 92114
Patrick M. Sharpe, 7232 Gatewood Lane San Diego, CA 92114
This business is conducted by Co-Partners.
Signed Donald C. Corrie
This statement was filed with the County Clerk of San Diego County on Oct. 11, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 17, 24, 31 & Nov. 7

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7655

The following person is doing business as: NATHAN INDUSTRIES, at 3655 Costa Bella, Lemon Grove, Calif.
Nathan L. Chenowth, 9259 Brookside Cir., Spring Valley.
This business is conducted by Individual.
Signed Nathan L. Chenowth
This statement was filed with the County Clerk of San Diego County on Oct. 7, 1974.
Expires Dec. 31, 1979.
L. G. Review, Oct. 10, 17, 24, 31

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7523

The following persons are doing business as: LA JOLLA INCOME PROPERTIES, LTD., at 1365 Sixth Avenue, San Diego, California 92101.
Conrad A. Will, 1365 Sixth Avenue, San Diego, California 92101.
Talmage Lovelady, 7911 Herschel Avenue, La Jolla, California 92037.
This business is conducted by a limited partnership.
Signed Conrad A. Will
Signed Talmage Lovelady
This statement was filed with the County Clerk of San Diego County on Oct. 2, 1974.
Expires Dec. 31, 1979
L. G. Review, Oct. 10, 17, 24 & 31

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7554

The following persons are doing busines as: UNCLE CHARLIE'S TAVERN at 14490 Old Highway 80 El Cajon, Calif. 92021
CAROLINE ANN TORRICELLAS, 1020 Brucker Avenue Spring Valley, Calif.
RAYMOND PAUL TORRICELLAS, 1020 Brucker Avenue Spring Valley, Calif.
This business is conducted by A GENERAL PARTNERSHIP.
Signed Caroline Ann Torricellas
This statement was filed with the County Clerk of San Diego County on Oct. 3, 1974.
Expires Dec. 31, 1979
S.V. Bulletin, Oct. 10, 17, 24 & 31

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-6924

The following person is doing business as: BED and BATH BOUTIQUE at 375-A Parkway Plaza, El Cajon, Cal. 92020.
Bensimon, Anne-Marie, 8939 Highfield, La Mesa, Cal. 92041.
This business is conducted by an individual.
Signed Anne M. Bensimon
This statement was filed with the County Clerk of San Diego County on Sept. 10, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 3, 10, 17, 24

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7402

The following person is doing business as: "JACK 'N JILLS" at 10761 Jamacha Blvd., Suite "C", Spring Valley, Calif.
Jill E. Lehmann, 6362 Caminito Salado, San Diego, Calif.
This business is conducted by an individual.
Signed Jill E. Lehmann
This statement was filed with the County Clerk of San Diego County on September 26, 1974.
Expires Dec. 31, 1979
B43193 Spring Valley Bulletin, Oct. 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7335

The following person is doing business as: Ronald R. Drumright Construction Co., at 3179 Central Ave., Spring Valley, Calif. 92077.
Ronald R. Drumright, 3179 Central Ave., Spring Valley 92077.
This business is conducted by an individual.
Signed Ronald R. Drumright
This statement was filed with the County Clerk of San Diego County on Sept. 24, 1974.
Expires Dec. 31, 1979
Spring Valley Bulletin, Oct. 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7336

The following persons are doing business as: BOBCAT EXCAVATION, at 1669 Cerca Blanca, El Cajon Calif. 92021.
Walter T. Jenkins, 1669 Cerca Blanca, El Cajon, Calif. 92021.
Donna Jenkins, 1669 Cerca Blanca, El Cajon, Calif. 92021.
This business is conducted by General Partnership.
Signed Donna Jenkins
This statement was filed with the County Clerk of San Diego County on September 24, 1974.
Expires Dec. 31, 1979
Lemon Grove Review, October 3, 10, 17 & 24

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7552

The following persons are doing business as: VALLEY PAINTING AND GLAZING at 611 Alveda Avenue El Cajon, Ca 92021
William Hrynko, 611 Alveda Avenue El Cajon, Ca 92021
Jerry Fillweber, 11304 Topo Lane Lakeside, Ca 92040
This business is conduced by general partnership.
Signed William Hrynko
This statement was filed with the County Clerk of San Diego County on Oct. 3, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 10, 17, 24 & 31

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7551

The following person is doing business as: MAMA CARLINA ITALIAN RESTAURANT at 9776 Campo Road Spring Valley, CA 92077
Carline Moore, 541 North 1st Street No. 18 El Cajon, CA 92021
This business is conducted by Carline Moore, an individual.
Signed Carline Moore
This statement was filed with the County Clerk of San Diego County on Oct. 3, 1974.
Expires Dec. 31, 1979
S.V. Bulletin, Oct. 10, 17, 24 & 31

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 74-7553

The following persons are doing business as: LOS PADRES INSURANCE CENTER at 7830 Nichals St., Lemon Grove, Calif. 92045
William John Reddick, 7830 Nichals St. Lemon Grove, Cal. 92045
Allen Lee Stanley, 4232 Harbinson Ave. La Mesa, Calif. 92041
This business is conducted by General Partnership.
Signed
William J. Reddick
Allen Lee Stanley
This statement was filed with the County Clerk of San Diego County on Oct. 3, 1974.
Expires Dec. 31, 1979
L.G. Review, Oct. 10, 17, 24 & 31

NOTICE OF TRUSTEE'S SALE
No. 4-6191

On the 8th day of November, 1974, at 11:00 a.m., at the Broadway entrance of the County Court House, 220 West Broadway, situated in the City of San Diego, County of San Diego, State of California, CONTINENTAL AUXILIARY COMPANY, a California Corporation, as trustee under Deed of Trust dated March 25, 1971, executed by GARY ALLEN JARVIS and BOBBIE L. JARVIS, husband and wife, and recorded on April 9, 1971, in Book 1971, File/Page 69747 of Official Records, County of San Diego, California, given to secure an indebtedness in favor of BANK OF AMERICA NT & SA, a national banking association, by reason of the breach of certain obligations secured thereby, notice of which was recorded on July 2, 1974, in Book 1974, File/Page 74-176861 of Official Records of said San Diego County, and more than three months have elapsed since such recordation, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States of America, at time of sale, without covenant or warranty, express or implied, as to title, possession or encumbrances, the interest conveyed to and now held by the said Trustee under said Deed of Trust, in and to the following described property situated in the County of San Diego, State of California, to-wit:

Lot 20 of HELIX RESMAR ESTATES, in the County of San Diego, State of California, according to the Map thereof No. 3762, filed in the office of the County Recorder December 11, 1957.

The street address and other common designations, if any, of the real property described above is purported to be 4527 Hillview Drive, La Mesa, California 92041; the undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designations, if any, shown herein.

For the purpose of paying obligations secured by said Deed of Trust, including fees, charges and expenses of the Trustee, advances, if any, under the terms of said Deed of Trust and interest thereon.

Dated October 2, 1974.
CONTINENTAL AUXILIARY COMPANY,
as Trustee
By J. A. Mansfield
Assistant Secretary
B 47678 Spring Valley Bulletin, Oct. 10, 17, 24, 1974

CLASSIFIED ADVERTISING LOCAL RATES

PER INSERTION ORDER

TIMES	PER WORD
1 time	.08
2 times	.075
3 times	.06
4 thru 6 times	.055
7 plus	.05

Minimum charge, $1.50
for 2 insertions

REMEMBER

Tuesday, 12 noon, is deadline for Lemon Grove Review—Spring Valley Bulletin classified advertising, 469-0101.

3 — Special Notices

Call Thomas & Son For
GARBAGE & TRASH DISPOSAL
461-2261

Richard Neilson
512 Elkelton Blvd., S.V.

will receive two free dinners at Sir George's Smorgasbord House, El Cajon, California if you will come to Homeland Publishing Co., 7834 Lester ave., Lemon Grove for your free dinner certificate.

4 — Personals

TO ROBIN CLARK
P.C.B.S.A.C.

6 — Services Offered

SKILLED labor and odd jobs. Fences, hauling, yard, etc. 262-1200

10 WORDS
2 times
$1.50
to place your ad
Call
469-0101
Lemon Grove *Review* & Spring Valley *Bulletin*

USE WANT ADS

469-0101 To Place An Ad 469-0101

HOUCK PROCESS STRIPPING
Wood, metal and veneer. 8450 Magnolia, Santee. Mastercharge. 449-6291

WEDDING CAKES
Birthday cakes-Parties-Anniversaries-Decorated. Cakes for all occasions. 461-0755, will deliver.

R. D. Fowler
7930 Mt. Vernon, L.G.
will receive a free car-load pass to the Ace Drive-in, Lemon Grove. Come to Homeland Publishing Co., 7834 Lester Ave., Lemon Grove for certificate.

PAINT NOW
Neat, expr painter available for wknd work. Call 461-9384 eves.

LOW WINTER RATES
Light hauling and clean ups. Also yard work. Bill Mills 462-8485

MOVING and hauling. Large covered truck with lift gate. 429-0375

HOME IMPROVEMENT
Repairs, carpentry, light electrical and painting. Call eves 264-6660

BANTA
298-6128
ACOUSTICS
THE ORIGINAL SPRAY ON CEILING SPECIALIST
$25 EACH (12' x 12')
State Lic. 283-3430 bonded & Ins.
FREE GLITTER — 10 YR. GUAR.

12 — Employment—Women

NEED babysitter weekdays your house or mine. Casa de Oro area. 466-3627

WANTED: Stylist with following, to work Mondays, Tues., and Weds. 65%. Barbara's Beauty Salon. 466-6345

David F. Flores
6881 Central Ave., L.G.
Two free games of bowling at LOMITA LANES, 955 Cardiff. Tickets may be picked up at Homeland Publishing Co., 7834 Lester ave., Lemon Grove.

15 — Child Care

LICENSED day care, Lemon Grove area. 461-8109

CHILD CARE IN MY LICENSED HOME. 479-6736

22— Apartments, Unfurnished

900 SQ. FT, beautiful new apt. Carpets, drapes, adults. 466-3912

$145 nice large 2 br, quiet adult tenants, no pets. Near all, private balcony, storage, avail. Nov. 1. 3265 Buena Vista, Lemon Grove. 469-1421

24 — For Rent, House, Unfurn.

2 BR 1 ba fenced yd, children welcome. Avail Nov. 15. $185 incl utilities. 466-7558

43 — Acreage for Sale

GOV'T LAND $5 an acre. Write: Land Grant, 1174 Arrowhead Ave., San Bndo., Ca. (Send Stamp)

50 — Miscellaneous For Sale

ANTIQUE auction Oct. 29, 6:30 p.m. 4061 Fairmount ave., San Diego. Denivelle Auction. 283-1308 for catalog

BABY bed $25. Good condition 462-2676

★ 1974 SINGER ★
Zig zag sewing machine with walnut table. Looks and sews like new. Overcasts, blind hems, buttonholes, elastic stitches, etc. Still incl guarantee. Sac at $49.05 complete. Small pymts. 234-3553 anytime, dlr.

SOROPTIMIST RUMMAGE SALE
Nov. 2 and 3, 9 a.m.-4 p.m.
7505 Pacific Ave., Lemon Grove.

HOMEWORKERS
Earn good money addressing envelopes. FREE details. Rush self-addressed stamped envelope. MENELEY, Box 1157-C9, Spring Valley, Calif. 92077.

WATER BEDS
ANY SIZE

Butt Seams	$19.95
Lap Seams	$29.95
2x10 Frames	$29.95
Liners	$6.95
Pedestals	$14.95
Decks	$14.95
Foam Pads	$3.95
Heaters	$19.95
Thermostats	$19.95
Complete Air Frames	$149.95
Complete 4 Post	$169.95
WATER BED SHED	463-3936

Rbt. Flaherty, Jr.
2402 Pergl St., L.G.
will receive two free potluck dinners at Charl-Mont Restaurant, College Grove, if you will come to Homeland Publishing Co., 7834 Lester Ave., Lemon Grove for your free dinner certificate.

FOR SALE — Membership in Carman Ranch Club.
465-7830 469-0101

52 — Lapidary Equipt. & Sup.

Classes Now Open
SILVERSMITHING
Wed. & Thurs., 7 to 10 P.M.
COFFEY'S
BARGAIN TOWN
Lapidary Machinery
Silver, Supplies, Books, etc.
9120 Jamacha Rd.
Spring Valley 466-1661

59 — Wanted To Buy

Wanted To Buy
Quality Antique
Furniture,
Clocks, Dolls,
Primitives
465-7830

CASH — JUNK CARS
461-3124

I BUY JUNK CARS
239-9485

67 — Motorcycles - Bicycles

GIRLS 20" 3 speed blue Schwinn bike. Like new. $30 466-8762

Donald Ford
1433 El Prado Ave., L.G.
will receive two free dinners at Sir George's Smorgasbord House, El Cajon, California if you will come to Homeland Publishing Co., 7834 Lester ave., Lemon Grove for your free dinner certificate.

70 — Campers—Trucks

FOR sale '68 Dodge ¾ ton panel. 466-6547

81 — Autos — New & Used

'69 TOYOTA Corona, auto trans, excellent cond, $900. After 6 call 463-5728

JOIN THE PEOPLE WHO'VE JOINED THE ARMY

Training — Education — Experience

MEN/WOMEN 18 to 34

$344 MONTHLY START

Draftsman (81A)
Offset Pressman (83F)
Illustrator (81E)
Cook (94B)
Medical Assistant (91S)
Law Enforcement (95B)
Steel Worker (51C)
Trucker (64C)
Plumber (51K)
Combat Arms (Men only)

2-3-4 YEAR ENLISTMENTS

EL CAJON — 356 N. Magnolia — 442-5700

Letters to the Editor

Dear Editor:

It would be well to remember when we go to vote this year who is responsible for the unnecessary, additional cost in producing and mailing our so-called "California Voters Pamphlet".

His name is clearly noted on the cover: Edmund G. Brown, Jr.

The "Pamphlet" consists of 94 over-size pages requiring a second costly mail-out in order to inform voters on the issues.

Time was, before Brown, when this booklet was half the size, fitting neatly into the Sample Ballot package, and requiring the cost of only one mail-out.

With this "Pamphlet" as evidence, don't you believe that Brown will economize with your tax money.

Best to remember his hypocracy at the polls on November 5th.

With Brown in the Governor's seat, we'll be adding more waste to plague our empty wallets!

Respectfully,
Laurence J. Juan
9335 Crest Drive,
Spring Valley

Dear Editor:

The Grossmont College Religious Emphasis Week, which you helped publicize, was well received by the college community and was well represented on campus.

The Grossmont College Religious Emphasis Week committee of staff, community, citizens, and students wish to extend their deep appreciation to the following churches and religious organizations of the east county area who participated in the Open Visits Day program Wednesday, October 16.

Each of these organizations was well represented on campus also well received by the college community and contributed immeasurably to the success of the week.

The churches and religious organizations of east county who participated in the Open Visits Day, October 16, included .....

College Avenue Baptist Church
Baha'i
Church of Christ
Valley Orthodox Presbyterian Church
Mission to Catholics
Southern Baptist Church
Christian Science Organization
Jesus Christ Latter Day Saints
Newman Club
Christian Family Fellowship
Seventh-Day Adventist
Lake Murray Evangelical
Faith Chapel
Berean Bible College
Society of Friends
Operation Nightwatch
The Way Biblical & Missionary Ministry
Church of Aquaris
Inter-Varsity Christian Fellowship
Reform Presbyterian

Sincerely,
J. A. Burdick,
Dean of Student Activities
Grossmont College

Dear Editor:

Many people in Lemon Grove are not aware that just a few years ago the Lemon Grove Post 2082 Veterans of Foreign Wars was in financial distress.

Through the assistance of Happy Blake, a life member of V.F.W. and a long-time resident of Lemon Grove, that the Post managed to stay alive.

The turn-around came when Blake agreed to serve as manager. Today the Post is solvent and an asset to the community.

The Post owns its property at 2885 Imperial ave. and the seven lots the property occupies. The two-story building has one of the largest halls in the East county and has several rooms on the lower level.

The organization leads the way in youth activities with its "Teen Dance" held by the Post every fourth Friday where youngsters come to eat, dance and have good, clean fun at no cost to the youngsters.

The Post and its auxiliary provides the considerable manpower it takes to organize, supervise, serve and chaperone the youngsters. There has never been any trouble at these dances.

The Post also sponsors a Pony League team; a Boy Scout troop and a Junior Girls Auxiliary.

The Post is also a contributing member to the Boys Clubs of America.

The Post is an active member of the Lemon Grove Chamber of Commerce.

We are proud of this outstanding organization and I believe we should give credit where credit is due.

A Resident

Valle de Oro Loses Park Funds to S.V.

Funds amounting to $147,000, originally scheduled to go towards new public parks in the Valle de Oro area have been given to the Spring Valley Recreation District.

"No reason was given for the sudden switch," said Valle de Oro Planning Association Chairman Royal Dieter after the County Parks Department announced the change at an October 16th meeting.

"I have heard that the money may be used by the Spring Valley Park on Jamacha to acquire land adjacent to the park now used by the County Animal Shelter and Department of Sanitation."

Dieter said that unless the County Parks Department takes some immediate action, they will be forced to "figure out the cost of the parks needed in terms of a tax and put it on the ballot for the people to decide."

Also on October 16th was the re-election of Dieter as chairman of the V.D.O.P.A. and his selection as a member of the Community Planning Executive Committee.

Another V.D.O.P.A. meeting was held Wednesday to discuss park funds. D.H.

Demo Registrations Lead in S.D. County

It doesn't look good for Republicans this November.

The Registrar of Voters released his regular tabulation on how many there are of each political persuasion last week and it showed the Democrats leading in the total count 357,471 to 307,846.

The American Independent Party was listed at 3,436; Peace and Freedom, 2,394; misc., 2,393 and those who declined to declare totaled 62,554.

In the Congressional race Van Deerlin's district slants his way with 137,368 Democrats against 117,017 Republicans. Clair Burgener has it tough. His district has 57,132 Republicans against 101,918 Democrats.

State Senator John Stull's district shows 110,510 Republicans and 88,502 Democrats. Other candidates:

Sen. Jack Schrade	
R-121-827	D-147-640
Sen. Jim Mills	
R- 67,152	D-112-661
Assembly Bob Wilson	
R- 98,836	D- 79-903
Wadie Deddeh	
R- 66,004	D- 73,004
Larry Kapiloff	
R- 55,823	D- 74,636
Pete Chacon	
R- 28,832	D- 55,487

H.H.R.A. Initiates Youth Programs

Heartland Human Relations Association sponsors two new programs beginning Saturday under the name Heartland Youth Services. Funded by the county and United Way, the service assists young people in Lemon Grove and La Mesa areas in finding positive outlets for their energies in recreational activities, the Association said.

The Lemon Grove recreational program, geared for children approximately nine through thirteen, is held at the United Church of Christ, 2770 Glebe rd., after school Tuesday through Thursday each week, under the direction of former church counselor Susan Buchenau.

The La Mesa Youth Center, designed for high school youth, is at the First United Methodist Church of La Mesa at Spring and Lemon avenues, Thursday through Saturday evenings. This program promises to provide opportunities for sports, arts and crafts, and music appreciation.

Both programs will rely on adult community volunteers and will incorporate youth input.

Several area organizations will lend support to the programs.

'Future of Human Relations' Topic At H.H.R.A. Today

The Heartland Human Relations Association holds a general meeting tonight, 7:30 in the Sears Community Room, El Cajon.

Speaking on "The Future of Human Relations in San Diego County" is James S. Fukumoto, executive director of the San Diego County Human Relations Commission.

Authentic Japanese Koto music and refreshments are also featured.

Burglar Gets $44.35

A screen was removed from the window of the home of Kenneth Leon Brooks, at 423 Parkbrook, Spring Valley between 6-12 p.m. on Wednesday and took $44.35 of which $16 was in silver.

PRINTING

REFLECTS YOU!

We are printing specialists.

We tailor our work to your needs.

Honest, careful workmanship at honest prices.

Avoid disappointments. Give us a call for your printing needs.

Your home town printer

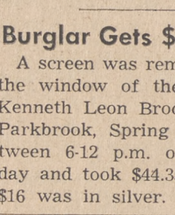
Homeland Publishing Co.

(We meet or beat our delivery date promise)

7834 Lester Street Lemon Grove

469-0101

PLUMBING SERVICE & SUPPLIES
Also Paints and Electrical Supplies
CALL 466-0645
RUSSELL'S
7920 Broadway, L.G.
License No. 270158
Calif. State Contractor's

FILIPPI'S PIZZA GROTTO
OPEN FOR LUNCH
FAST SERVICE

Fine Italian Food
OPEN Mon.-Thur. 11 a.m. to Midnight
Fri. & Sat. 11-1 a.m., Sun. 3-10 p.m.
Orders to Go, 460-1831
8035 Broadway, Lemon Grove

Guess Who?

IF YOU CAN IDENTIFY this, the third mystery merchant in our contest series and are the first to present a clipping of the above picture to the merchant, you win a choice of merchandise. The firm is in central Lemon Grove, on Broadway. Last week Peter Corrao was first to correctly identify Bob Hallman of Jim's U-Rent, 8121 Broadway. For his efforts he received a $10 discount on rental equipment. The contest is being run to acquaint Lemon Grove residents with area merchants.

'None of Our Business' Says Stull of Prop 17

Proposition 17 is the only initiative measure which qualifies for the November ballot. It brings to the attention of voters throughout California a river with which many, if not most, Southern Californians are unfamiliar, the Stanislaus. This stream is a tributary of the San Joaquin River, and transverses four northern counties: Calaveras, Tuolumne, Stanislaus and San Joaquin.

Backed by rafting concessionaires and selected environmentalists, the proposal seeks to have two separate portions of the lower half of the 139-mile river included within the state's "Wild and Scenic River" system. The intent, however, is to halt construction of the New Melones Dam, on which some $70 million has already been spent, in order to preserve some nine miles of non-unique whitewater for rafting enthusiasts.

The measure should be defeated, because construction of the dam will serve not only to save and improve the entire Stanislaus River, but will also provided needed recreational, scenic and wildlife protections.

Among other things, construction of the dam will insure the following:

1. Needed recreational facilities with a capability of an estimated ultimate 4,000,000 recreational days per year, as opposed to the ultimate 80,000 recreational days annually available under the river's present limited use;

2. Needed flood control, with permanent prevention of flood-caused destruction of human life, wildlife and flora, and some $2 million in property damage each year;

3. Preservation of a 55-mile stretch of the river shoreline in its present natural state by preventing agricultural intrusion;

4. Improved stream fishing for salmon, trout, steelhead, shad, striped bass and sturgeon, and improved spawning ground for salmon and steelhead by preventing gravel removal by commercial interests;

5. Non-polluting production of 430,000,000 kilowatt hours of electricity annually, saving 700,000 barrels of crude oil and fossil fuel depletion and pollution; and,

6. Saving 225,000-acre feet of water every year for municipal, industrial and irrigation use, resulting in annual benefits of $3.6 million.

And finally, Proposition 17 should be defeated on principle, because if it is passed, it would be a dangerous precedent for local communities' autonomy.

No statewide initiative should be used to stop local projects, especially when such projects have been approved by all appropriate federal, state and local jurisdictions, and court action has upheld them. If this initiative is passed, it means that any group of well-financed special interests can exert undue influence over projects in local areas.

The people of San Diego, Riverside and Imperial Counties should not be voting on a question which affects the people of Calaveras, Tuolumne, Stanislaus and San Joaquin Counties, any more than we would want them deciding our local questions.

Club Crowns Spring Valley Tennis Champ

Down in Casa de Oro they call it the "Spring Valley Wimbleton".

It was for tennis championship of the Spring Valley Kiwanis club.

The contestants were about as unlikely as the title.

It was Herb Ketell, chairman of the Spring Valley Park and Recreation Advisory Council versus Attorney Ron Svalstad.

The match was held October 16 at the Helix South Tennis Club. Svalstad is owner of the club.

The loser agreed to pay $25 to the Kiwanis Club's fund of community activities. All of the members of the Kiwanis club agreed to pay $1 a person to watch the match.

The game became a sudden death affair. Svalstad won the first 6-4; Ketell won the next set 6-3 and for the match point of the third set—Ketell took it.

Svalstad is a tall, rangy athletic type — 36 years old. Ketell appears to be the secretary type—although he actually isn't. Both men play tennis regularly.

After winning the S. V. Kiwanis Club Championship Ketell celebrated his birthday. He was 71 on the day he won.

Exhibits, Ceremonies Honor U.N. Week Here

United Nations Week is in progress through October 26 throughout San Diego County with a variety of ceremonies, exhibits, speeches and other activities marking the 29th anniversary of the U.N.

The local events coincide with today's international observance of United Nations Day, according to Drs. Bernard and Ethel Aginsky, of La Jolla, chairmen of San Diego UN Week activities.

The purpose of UN Week, said the chairman, is to promote the aims of the UN and to gain public support for its efforts.

Opening Day Ceremonies were held Sunday at Balboa Park with a parade and a variety of international entertainment.

Several organizations in the San Diego area have scheduled events honoring the anniversary.

Today's events include a UN Day Banquet in the International Room, El Cortez Hotel with S. D. Mayor Pete Wilson speaking, 7 p.m.

Activities will culminate Saturday with the Churchwomen United International Garden Party, 2:30 p.m. at the home of Mrs. Norman Lawson, 1048 Myrtle Way and an International Aerospace Hall of Fame Awards Dinner, 6:30 p.m. at the El Cortez Hotel.

Your Health Tips

Hernia

Prepared by the California Medical Association

The problem of hernia is as old as man himself. As early as 2,000 B.C., the Egyptians were treating hernias by bandaging. A Phoenician statue, "He" (circa 900 B.C.) depicts the treatment of hernia with a truss. Fragments of writings which remain from the first, second, and third centuries A.D. contain many principles regarding the diagnosis and treatment of hernia which are valid today.

A hernia is caused by faulty tissue development in early life or wearing of tissue from old age. This results in a protusion, or bulging, through an abnormal opening in one of the walls which enclose the various body cavities. Contrary to what is often heard, only rarely does hernia result from an injury.

Hernias are named for their location in the body—inguinal, femoral, epigastric, umbilical, diaphragmatic, and incisional. The most common is inguinal hernia, in which internal fat or bowel protrudes through an aperture in the groin. A peculiar feature of these hernias is their ability to come and go; the tissue will frequently protrude in an alarming fashion and then recede to normal position. It is difficult — occasionally impossible —for a physician to tell if a hernia is present when the protusion is absent.

As hernias increase in size, symptoms will gradually develop. Usually these are a heavy feeling, burning, digestive disturbances, or the appearance of a soft lump.

The treatment of hernia has gradually evolved through the centuries to modern surgery. In the 16th century, patients were often kept in bed for 6 to 12 months. Today surgery has a success rate of 95%, and patients are usually out of the hospital within one week. Sometimes, in healthy patients, hernias can be repaired under local anesthesia and patients discharged from the hospital on the same day, immediately following the operation.

While a truss may control the protrusion, it rarely effects a cure and should be used only when other conditions prevent surgery. The once popular "injection" treatment is no longer considered effective.

On occasion, emergency surgery is required for hernias. In this situation, the bowel is tightly constricted by the abnormal opening. The constriction shuts off circulation and will result in gangrene of the bowel if not immediately corrected. Because of the potential hazards of untreated hernias, medical advice should be obtained as soon as one is suspected.

In a few instances, the tissues fail to heal adequately after surgery and the hernia recurs. Another surgical repair is usually indicated for these "recurrent" hernias, and their percentage of cure is lower.

Elderly Urged To Get Flu Shot

All Californians 65 years of age or older are urged to take advantage of the influenza vaccine shots available to them for $1 or less according to State Director on Aging J. M. Stubblebine.

Stubblebine stated that the elderly are particularly vulnerable during the influenza season, and that complications arising from the disease have been known to be fatal to older persons.

He stressed that a single shot of the vaccine provides a season's protection, and that in recent years the vaccine has reached a highly purified state and is relatively free of any significant adverse reactions. People with allergies to eggs and egg products may have reaction problems to the vaccine, and should consult their physicians on the advisability of getting a shot.

Senior citizens who have not yet received a flu shot should contact their county health department as soon as possible in order to receive the protection before the advent of the influenza season.

'Senior Citizens Days'

Senior Citizens' days are being observed October and November at the San Diego Zoo, Sea World, Busch Gardens, San Diego Harbor Cruise, Marineland of the Pacific, and Knott's Berry Farm, sponsored by senior citizens clubs of California.

Discount coupons for each of these events can be obtained by writing to: Senior Citizens Clubs, State Capitol Office, 2530 J st., Suite 302, Sacramento, California 95816, include two 10 cent stamps.

L.G. Library Schedules 3 'Scary Films'

In deference to the celebration of Halloween, a trio of "Scary Films" will be shown at the Lemon Grove Library on Wednesday, October 30 at 7 p.m., free.

Shown will be "Ghosts and Ghoulies", "Great Moments From the Phantom of the Opera" and "The Wolfman."

The action of "Ghosts and Ghoulies" takes place in an old haunted mansion. The movie features a collection of mistaken identities, spooky characters, and an assortment of screams, groans, and crashes.

Clips from the 1925 production of "The Phantom of the Opera" can be seen in the second film.

In another good condensation of a classic film, Lon Chaney, Jr. appears as the "Wolfman."

Lemon Grove Library is located at 7735 Pacific ave.; the phone number is 463-9819.

Californians Not 'Fuelish'

Statistics revealed by the State Board of Equalization indicate that Californians have taken positive steps toward conserving fuel.

While the number of miles driven has remained at the same level as last year, fuel consumption has dropped 3.7%, according to Board member John W. Lynch.

Mileage and consumption figures typically rose slightly during the month of August, but the yearly totals indicated a consumption decline over 1973.

Hydraulic Jack Stolen

While an attendant was busy at Tommy Pryor's ARCO station at 1051 Sweetwater rd. in Spring Valley, someone made away with a hydraulic floor jack valued at $175, he told sheriff's deputies.

The loss occurred between 5 and 10 p.m. last Tuesday.